

Team Details Costa Rica

Shirt No.	Player	Date of Birth	Age*	Caps
1	ARCE Josselin (GK)	7 Oct 1998	18	13
7	VARGAS Ana	5 Jul 1998	18	4
9	BARRANTES Jennipher	30 Oct 1997	18	13
10	BARQUERO Monserrat (C)	7 Dec 1994	21	13
11	MESEN Ana	11 Aug 1993	23	7
13	RAMIREZ Veronica	12 Jun 1998	18	13
15	TAMES Diana	3 May 1994	22	9
17	SOLIS Elizabeth	10 May 1999	17	2
18	SOLIS Hellen (GK)	12 Jan 1996	20	2
19	SOLANO Maria	10 Jul 1998	18	13
20	MATA Nohelia	20 May 1998	18	13
23	RODRIGUEZ Fiorella	3 Nov 2002	13	5

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2016-10-28

Team Staff

Role	Name
Team Manager	PICADO TREJOS Bernardo
Head Coach	AGUILAR Oscar
Assistant Coach	SOLIS Juan
Physiotherapist	VILLALOBOS Angie

Team Colours

Shirts	Red B. Pink
Skirts	Royal Blue Black
Socks	Red Black
GK Shirts	Green Turquoise



Central American Indoor 2016 (Women)

28 - 30 Oct 2016
Panama City (PAN)



Team Details Guatemala

Shirt No.	Player	Date of Birth	Age*	Caps
1	CUEVAS Kristel (GK)	8 Mar 1996	20	13
3	GIRON Sara	4 Nov 1997	18	9
11	AXPUAC Nancy	13 Apr 1993	23	8
12	BORRAYO Sheril	6 Jul 1999	17	13
13	CALDERON Maria	27 Oct 1998	18	13
17	PINEDA Sharon	17 Jun 1997	19	12
18	MATIAS Lisbet	18 Sep 1994	22	11
19	MAZARIEGOS Andrea (C)	3 Oct 1996	20	12
20	SERRANO Caroline	22 Apr 1998	18	7
29	SIS Sandra	20 Dec 1998	17	9
31	MAZARIEGOS Laura	6 May 1989	27	2
32	VASQUEZ Daniela	3 Apr 2003	13	4

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* As of 2016-10-28

Team Staff

Role	Name
Team Manager	HIGUEROS Hans
Head Coach	RIVERA Otto
Assistant Coach	GONZALEZ Amaury

Team Colours

Shirts	Light Blue White
Skirts	Blue Light Blue
Socks	Blue White
GK Shirts	Red Fucsia

Technical Delegate: DE MATTOS Thiago (BRA)



Central American Indoor 2016 (Women)

28 - 30 Oct 2016
Panama City (PAN)



Team Details Honduras

Shirt No.	Player	Date of Birth	Age*	Caps
1	LUNA Gabriela (GK)	21 Oct 1991	25	6
3	AMADOR Seidy	3 Aug 1995	21	8
4	CORDOVA Arleth	20 Jun 1994	22	8
5	ZAVALA Eva	23 Mar 1992	24	8
6	JOYA Jenny	19 Mar 1989	27	4
7	AGUILAR Melizza (C)	23 May 1989	27	5
8	CHACON Karen	5 Mar 1991	25	8
9	LEMUS Celeste	1 Feb 1991	25	8
10	VALERIANO Cindy	1 Oct 1993	23	3
12	VELASQUEZ Diana	17 Nov 1991	24	2
15	ANDINO Dulce	29 Mar 1989	27	8

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* As of 2016-10-28

Team Staff

Role	Name
Team Manager	MEDINA Oscar
Head Coach	ZEPEDA Hector
Medical Doctor	NAZAR Josue

Team Colours

Shirts	Blue White
Skirts	Blue White
Socks	Blue White
GK Shirts	Yellow Grey

Technical Delegate: DE MATTOS Thiago (BRA)



Central American Indoor 2016 (Women)

28 - 30 Oct 2016
Panama City (PAN)



Team Details Panama

Shirt No.	Player	Date of Birth	Age*	Caps
1	CASTRO Daryelis (GK)	29 Mar 1988	28	13
3	GONZALEZ Yamary	5 Sep 1996	20	1
4	ARAUZ Astrid	5 Aug 1991	25	9
5	PORTUGAL Celina	20 Jun 1988	28	13
6	SANTIMATEO Khristal	16 Aug 2001	15	2
7	DIAZ Rubi	23 Nov 1995	20	8
8	SANCHEZ Rosa	19 May 1999	17	6
9	SUNE Rosa	6 Aug 1999	17	13
10	MONTENEGRO Kersthy (C)	28 Sep 1987	29	13
11	MURILLO Cristina	18 Nov 1993	22	13
12	RIVERA Liska	25 Jul 1996	20	1
22	MEDINA Mijal (GK)	8 Nov 1999	16	1

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* As of 2016-10-28

Team Staff

Role	Name
Team Manager	MONTENEGRO Ademir (Snr)
Head Coach	POVEDA Victor
Assistant Coach	GRAHAM Luis

Team Colours

Shirts	Red White
Skirts	Red White
Socks	Red Blue
GK Shirts	Orange Yellow

Technical Delegate: DE MATTOS Thiago (BRA)