## Team Details Ghana

| Shirt No. | Player | Date of Birth | Age* | Caps |
|---|---|---|---|---|
| 1 | **MENSAH Grace (GK)** | 24 Aug 1973 | 41 | 45 |
| 2 | **BERKO Mavis** | 13 Jul 1997 | 17 | 37 |
| 3 | **BOAKYE Serwaa** | 17 Mar 1993 | 21 | 53 |
| 4 | **COFFIE Ernestina** | 5 Nov 1993 | 20 | 49 |
| 5 | **FOSUAA Emelia** | 21 Oct 1993 | 20 | 35 |
| 6 | **SAM Georgina (C)** | 12 Jul 1974 | 40 | 59 |
| 7 | **ARFIYE Lydia** | 1 Jul 1997 | 17 | 2 |
| 8 | **AMOAKO Cecilia** | 22 Nov 1993 | 20 | 66 |
| 9 | **UMARU Nafisatu** | 17 Dec 1993 | 20 | 57 |
| 12 | **SARFOA Martha** | 4 Aug 1993 | 21 | 51 |
| 13 | **OPOKU Elizabeth** | 2 Feb 1994 | 20 | 64 |
| 14 | **EFFAH Linda** | 3 Jul 1993 | 21 | 5 |
| 15 | **AGGREY Faustina** | 15 Oct 1987 | 26 | 7 |
| 16 | **DARKO Gloria** | 26 Apr 1993 | 21 | 11 |
| 17 | **INKOOM Gertrude** | 19 Aug 1985 | 29 | 48 |
| 18 | **BOYE Abigail (GK)** | 24 Sep 1989 | 24 | 21 |
| 19 | **BAMFO Racheal** | 9 Apr 1990 | 24 | 59 |
| 20 | **MILLS Theresa** | 10 Mar 1993 | 21 | 22 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2014-09-05

## Team Staff

| Role | Name |
|---|---|
| Team Manager | **LAMPTEY Rosemary** |
| Stand-In Manager | **DZOKOTO Bright** |
| Head Coach | **ABAIDOO Richard** |
| Assistant Coach | **ZANKOH Edmund** |
| Medical Doctor | **ADANGABEY Gaetan** |

## Team Colours

| | |
|---|---|
| Shirts | White \| Yellow |
| Skirts | White \| Black |
| Socks | Blue/Black \| Red |
| GK Shirts | Yellow/Ash \| Black |

Tournament Director: ROSS Ginny (ZIM)


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## Team Details Kenya

| Shirt No. | Player | Date of Birth | Age* | Caps |
|---|---|---|---|---|
| 1 | **ONYANGO Cynthia** | 20 Nov 1993 | 20 | 19 |
| 2 | **AURA Lilian** | 23 Mar 1990 | 24 | 50 |
| 3 | **NEKESA JUMA Teresa** | 23 Dec 1972 | 41 | 87 |
| 4 | **OMMALA Betsy** | 12 Oct 1989 | 24 | 35 |
| 5 | **GUCHU Caroline** | 23 Oct 1988 | 25 | 66 |
| 6 | **JOW Jacqueline** | 26 Jun 1979 | 35 | 29 |
| 7 | **NJUGUNA NJOKI Caroline** | 5 Apr 1989 | 25 | 20 |
| 8 | **AGUNDA Anita** | 22 Jan 1979 | 35 | 19 |
| 9 | **OWOUR Rachel** | 9 Apr 1989 | 25 | 23 |
| 10 | **NAISE AMITEBI Pauline** | 17 Apr 1994 | 20 | 40 |
| 11 | **ROTICH Margaret** | 10 Oct 1990 | 23 | 13 |
| 12 | **HONGO Doreen** | 3 Nov 1986 | 27 | 6 |
| 13 | **NONDI Lorraine** | 22 Jan 1986 | 28 | 22 |
| 14 | **OMAIDO Audrey** | 21 Apr 1990 | 24 | 39 |
| 15 | **KARANJA Tracy** | 10 Dec 1992 | 21 | 36 |
| 16 | **NJOKI Ruth** | 3 Feb 1988 | 26 | 24 |
| 17 | **MUTIVA Flavia** | 20 Apr 1990 | 24 | 52 |
| 27 | **NAMASAKE Glennis** | 28 Dec 1986 | 27 | 15 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2014-09-05

## Team Staff

| Role | Name |
|---|---|
| Team Manager | **MASHEDI Alice** |
| Stand-In Manager | **OPENDA Joseph** |
| Head Coach | **RACH Gerhard** |
| Assistant Coach | **OKECH Simon** |
| Medical Doctor | **OKOTH Carol** |
| Physiotherapist | **GUANTAI Mina** |

## Team Colours

| | |
|---|---|
| Shirts | Red \| White |
| Skirts | Black \| Red |
| Socks | Red \| Black |
| GK Shirts | Orange \| Green |

Tournament Director: ROSS Ginny (ZIM)


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## Team Details Tanzania

| Shirt No. | Player | Date of Birth | Age* | Caps |
|---|---|---|---|---|
| 1 | **RAJABU SAGUTI Sophia (GK)** | 1 Sep 1994 | 20 | 9 |
| 2 | **GASPER Rose** | 8 May 1994 | 20 | 14 |
| 3 | **MWINYMVUA Catherine** | 8 Nov 1992 | 21 | 11 |
| 4 | **ABDALLAH Kidawa (C)** | 2 Jan 1984 | 30 | 14 |
| 5 | **CHIGOMA Flora** | **5 Sep 1996** | 18 | 11 |
| 6 | **HASSAN Zuwena** | 8 Aug 1994 | 20 | 10 |
| 8 | **MHINA SEMPINDA Mary** | 7 Dec 1985 | 28 | 6 |
| 9 | **GODFREY KUNDAELI Grace** | 14 Jul 1995 | 19 | 9 |
| 11 | **SHADIDI MOHAMED Wambera** | 21 Aug 1988 | 26 | 9 |
| 12 | **KYARO Franinsca** | 9 Mar 1992 | 22 | 11 |
| 13 | **DONASIANI VUNGWA Maria** | 24 Aug 1995 | 19 | 2 |
| 14 | **DANIEL Elisabeth** | 10 Aug 1994 | 20 | 11 |
| 15 | **MICHAEL FATAKI Beatrice** | 26 Jan 1993 | 21 | 6 |
| 16 | **ANPENDE Gwantwa** | 3 Dec 1993 | 20 | 9 |
| 17 | **ABDUL KAPAMA Nuru** | 30 Jul 1994 | 20 | 9 |
| 19 | **SELEMANI Kahidja** | 1 Mar 1986 | 28 | 8 |
| 22 | **LEONARD MLIMILAGELE Hilda (GK)** | 20 Jan 1992 | 22 | 6 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2014-09-05

## Team Staff

| Role | Name |
|---|---|
| Team Manager | **LUENA Ignasi** |
| Head Coach | **QUARANTA Valentina** |
| Medical Doctor | **MOTTA Eleonora** |

## Team Colours

| | |
|---|---|
| Shirts | Light Green \| Black |
| Skirts | Dark Blue \| Dark Blue |
| Socks | Dark Blue \| Yellow |
| GK Shirts | Grey \| Red |

Tournament Director: ROSS Ginny (ZIM)


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