Team Details Ghana

Shirt No.	Player	Date of Birth	Age*	Caps
1	**MENSAH Grace (GK)**	24 Aug 1973	41	45
2	**BERKO Mavis**	13 Jul 1997	17	37
3	**BOAKYE Serwaa**	17 Mar 1993	21	53
4	**COFFIE Ernestina**	5 Nov 1993	20	49
5	**FOSUAA Emelia**	21 Oct 1993	20	35
6	**SAM Georgina (C)**	12 Jul 1974	40	59
7	**ARFIYE Lydia**	1 Jul 1997	17	2
8	**AMOAKO Cecilia**	22 Nov 1993	20	66
9	**UMARU Nafisatu**	17 Dec 1993	20	57
12	**SARFOA Martha**	4 Aug 1993	21	51
13	**OPOKU Elizabeth**	2 Feb 1994	20	64
14	**EFFAH Linda**	3 Jul 1993	21	5
15	**AGGREY Faustina**	15 Oct 1987	26	7
16	**DARKO Gloria**	26 Apr 1993	21	11
17	**INKOOM Gertrude**	19 Aug 1985	29	48
18	**BOYE Abigail (GK)**	24 Sep 1989	24	21
19	**BAMFO Racheal**	9 Apr 1990	24	59
20	**MILLS Theresa**	10 Mar 1993	21	22

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2014-09-05

Team Staff

Role	Name
Team Manager	**LAMPTEY Rosemary**
Stand-In Manager	**DZOKOTO Bright**
Head Coach	**ABAIDOO Richard**
Assistant Coach	**ZANKOH Edmund**
Medical Doctor	**ADANGABEY Gaetan**

Team Colours

Shirts	White | Yellow
Skirts	White | Black
Socks	Blue/Black | Red
GK Shirts	Yellow/Ash | Black

Tournament Director: ROSS Ginny (ZIM)

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Team Details Kenya

Shirt No.	Player	Date of Birth	Age*	Caps
1	**ONYANGO Cynthia**	20 Nov 1993	20	19
2	**AURA Lilian**	23 Mar 1990	24	50
3	**NEKESA JUMA Teresa**	23 Dec 1972	41	87
4	**OMMALA Betsy**	12 Oct 1989	24	35
5	**GUCHU Caroline**	23 Oct 1988	25	66
6	**JOW Jacqueline**	26 Jun 1979	35	29
7	**NJUGUNA NJOKI Caroline**	5 Apr 1989	25	20
8	**AGUNDA Anita**	22 Jan 1979	35	19
9	**OWOUR Rachel**	9 Apr 1989	25	23
10	**NAISE AMITEBI Pauline**	17 Apr 1994	20	40
11	**ROTICH Margaret**	10 Oct 1990	23	13
12	**HONGO Doreen**	3 Nov 1986	27	6
13	**NONDI Lorraine**	22 Jan 1986	28	22
14	**OMAIDO Audrey**	21 Apr 1990	24	39
15	**KARANJA Tracy**	10 Dec 1992	21	36
16	**NJOKI Ruth**	3 Feb 1988	26	24
17	**MUTIVA Flavia**	20 Apr 1990	24	52
27	**NAMASAKE Glennis**	28 Dec 1986	27	15

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2014-09-05

Team Staff

Role	Name
Team Manager	**MASHEDI Alice**
Stand-In Manager	**OPENDA Joseph**
Head Coach	**RACH Gerhard**
Assistant Coach	**OKECH Simon**
Medical Doctor	**OKOTH Carol**
Physiotherapist	**GUANTAI Mina**

Team Colours

Shirts	Red | White
Skirts	Black | Red
Socks	Red | Black
GK Shirts	Orange | Green

Tournament Director: ROSS Ginny (ZIM)

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Team Details Tanzania

Shirt No.	Player	Date of Birth	Age*	Caps
1	**RAJABU SAGUTI Sophia (GK)**	1 Sep 1994	20	9
2	**GASPER Rose**	8 May 1994	20	14
3	**MWINYMVUA Catherine**	8 Nov 1992	21	11
4	**ABDALLAH Kidawa (C)**	2 Jan 1984	30	14
5	**CHIGOMA Flora**	**5 Sep 1996**	18	11
6	**HASSAN Zuwena**	8 Aug 1994	20	10
8	**MHINA SEMPINDA Mary**	7 Dec 1985	28	6
9	**GODFREY KUNDAELI Grace**	14 Jul 1995	19	9
11	**SHADIDI MOHAMED Wambera**	21 Aug 1988	26	9
12	**KYARO Franinsca**	9 Mar 1992	22	11
13	**DONASIANI VUNGWA Maria**	24 Aug 1995	19	2
14	**DANIEL Elisabeth**	10 Aug 1994	20	11
15	**MICHAEL FATAKI Beatrice**	26 Jan 1993	21	6
16	**ANPENDE Gwantwa**	3 Dec 1993	20	9
17	**ABDUL KAPAMA Nuru**	30 Jul 1994	20	9
19	**SELEMANI Kahidja**	1 Mar 1986	28	8
22	**LEONARD MLIMILAGELE Hilda (GK)**	20 Jan 1992	22	6

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2014-09-05

Team Staff

Role	Name
Team Manager	**LUENA Ignasi**
Head Coach	**QUARANTA Valentina**
Medical Doctor	**MOTTA Eleonora**

Team Colours

Shirts	Light Green | Black
Skirts	Dark Blue | Dark Blue
Socks	Dark Blue | Yellow
GK Shirts	Grey | Red

Tournament Director: ROSS Ginny (ZIM)

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