

2026 Women's Asian Hockey5s
20 - 25 Jul 2026
Muscat



Team Details China

Shirt No.	Player	Date of Birth	Age*	Caps
1	LIU Xue (GK)	23 Feb 2009	16	8
5	WANG Tianhui	7 Dec 2008	17	8
8	LIU Zixin	28 Jan 2008	17	8
11	GUO Jiaxin (C)	14 Dec 2008	17	8
13	GE Chen	15 Oct 2009	16	8
16	LU Tongtong	16 Jan 2009	16	8
21	SUN Hongyan	11 Oct 2008	17	8
25	TANG Kexin	5 May 2009	16	8
28	ZHANG Yuzheng	24 Feb 2009	16	8
31	YU Wanting (GK)	22 Apr 2009	16	3

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	ZHANG Xuan
Head Coach	GUO Jie
Assistant Coach	REN Tianhe
Physiotherapist	YU Yaochun
Translator	HAO Weijia

Team Colours

Shirts	Red White
Skirts	Red White
Socks	Red White
GK Shirts	White Black

Technical Delegate: BATHLA Sonia (IND)

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Team Details India

Shirt No.	Player	Date of Birth	Age*	Caps
1	PARIHAR Mahak (GK)	30 Oct 2011	14	5
4	MANJHI Pushpa	1 May 2010	15	8
5	NAZ Nousheen	13 Jul 2010	15	8
9	Diya	13 Oct 2011	14	8
15	KUMARI Sandeepa	18 Mar 2010	15	8
16	TOPNO Nilam	16 Apr 2011	14	8
20	KUMARI Khili (GK)	23 Nov 2010	15	6
25	KUJUR Sweety (C)	14 Feb 2010	15	8
27	EKKA Kiran	5 Sep 2010	15	8
63	KUMARI Shruti	1 Jan 2010	15	8

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Team Staff

Role	Name
Team Manager	PANDEY Prabal
Head Coach	Rani
Physiotherapist	RAJPUT Preeti
Physical Trainer	Daman Preet Singh SIAL

Team Colours

Shirts	Sky Blue White
Skirts	Sky Blue White
Socks	Sky Blue Orange
GK Shirts	Red Yellow

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Team Details Iran

Shirt No.	Player	Date of Birth	Age*	Caps
1	khodakarami setayesh (GK)	27 Nov 2009	16	6
2	rezakhani maedeh	10 Apr 2009	16	6
3	najafinasab yeganeh	24 Oct 2008	17	6
7	zarebidoki setayesh	13 May 2010	15	6
8	maleki zeynab	14 Sep 2009	16	6
9	abdi zahra	15 Mar 2011	14	6
10	sheibani shaina	6 May 2009	16	6
11	dashab fatemeh (C)	23 Dec 2008	17	6
12	abedinifar setareh	25 May 2009	16	6
15	kalhori sarina (GK)	30 May 2009	16	2

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Team Staff

Role	Name
Team Manager	yadegary yeganeh
Head Coach	SAFAEI Esfandyar
Assistant Coach	pakbazanjedani farideh
Assistant Coach	nouri tayebeh
Assistant Coach	zare fatemeh
Medical Doctor	Dr Ehsan Asadi Maman

Team Colours

Shirts	white Red
Skirts	white Red
Socks	white Red
GK Shirts	black Navy Blue

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Team Details Kazakhstan

Shirt No.	Player	Date of Birth	Age*	Caps
3	NIGMETZHANOVA Dilnaz	5 Jan 2010	15	8
5	KAIYRZHAN Akpeil (GK)	4 Jan 2011	14	0
6	SULEIMEN Yerkezhan (C)	2 Mar 2010	15	8
9	KOZHAKHMETOVA Dariya	31 Aug 2009	16	8
10	AMANGELDI Zhansaya	31 Mar 2009	16	8
12	MAZHIM Ayanat	30 Dec 2010	15	8
22	SEIITZHAN Yasmin	15 Oct 2009	16	8
23	ASLANKYZY Gaukhar	5 May 2012	13	8
25	BOLATBEK Aruzhan	8 Feb 2009	16	3
32	RAKHYM Ayaulym (GK)	6 May 2009	16	8

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Team Staff

Role	Name
Team Manager	MUKHAMADIYEV Nurzhan
Head Coach	URMANOV Daulet
Assistant Coach	KUDAIBERGEN Adilzhan

Team Colours

Shirts	Yellow Blue
Skirts	Black Blue
Socks	Yellow Blue
GK Shirts	Red Green

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Team Details Oman

Shirt No.	Player	Date of Birth	Age*	Caps
4	AL FARSI Yumna	23 Oct 2012	13	5
5	AL ZADJALI Meqat	2 Jul 2011	14	5
7	AL GHAIITHI Mulook	4 Jul 2010	15	5
10	AL ZADJALI Mayadah	9 Apr 2010	15	5
11	AL SHIRAWI Logain (C)	22 Jul 2010	15	5
15	AL AMRI Ayah	10 Jun 2011	14	5
16	AL AMRI Fatima	5 Dec 2013	12	5
22	AL HINAI Retal (GK)	15 Oct 2011	14	4
25	AL MANDHARI Maryam (C)	9 Feb 2011	14	5
26	AL FARSI Ranim (GK)	7 Jul 2008	17	4

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Team Staff

Role	Name
Team Manager	AL MASFRY Lamia
Head Coach	AL BALUSHI Olaa
Assistant Coach	AL KHAIFI Marwa
Physiotherapist	ELSAYED Yassmin

Team Colours

Shirts	Red White
Skirts	Red White
Socks	Red White
GK Shirts	Light Blue Dark Green

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Team Details Pakistan

Shirt No.	Player	Date of Birth	Age*	Caps
2	SANA Khalid	5 Nov 2008	17	6
3	JAVERIA Raheem (C)	5 May 2008	17	6
4	IFFAT Zehra	21 Jan 2008	17	5
7	FARWA Haider	21 Sep 2008	17	6
10	SHEREEN Fatima	27 Feb 2011	14	6
13	SEHRISH Kanwal (GK)	2 Sep 2008	17	6
14	AREEBA Aslam	21 Jun 2009	16	6
16	SOBIA Afzal	1 Jan 2010	15	6
17	ANAYA Batool	25 Jan 2013	12	4

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Team Staff

Role	Name
Team Manager	SAEEDA Khanam
Head Coach	SAHRISH Arshad
Physiotherapist	SUBAYYAL Iftikhar

Team Colours

Shirts	white Green
Skirts	white Green
Socks	white Green
GK Shirts	black white Light Green

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Team Details Uzbekistan

Shirt No.	Player	Date of Birth	Age*	Caps
10	KHALDIBAEVA Dilyara	2 Nov 2010	15	7
11	KUZIEVA Mohigul (C)	19 Jul 2009	16	7
13	ILHOMOVA Janon	30 Oct 2009	16	7
14	SOYIBJONOVA Roziyakhon	24 Jul 2009	16	7
15	OLIMOVA Noilakhon	14 Mar 2010	15	7
21	AKHMEDOVA Aziza (GK)	4 Apr 2010	15	7

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* As of 2025-12-31

Team Staff

Role	Name
Team Manager	MADRAKHIMOVA Kunduz
Head Coach	SAIDMURADOVA Gavhar
Assistant Coach	KHOLMIRZAEV Elyor

Team Colours

Shirts	White Green
Skirts	White Black
Socks	White Black
GK Shirts	Red Yellow

Technical Delegate: BATHLA Sonia (IND)