

# 2025 Test Matches POL v IRL (M)

19 - 20 Jul 2025

Poznań, Poland



## Team Details Ireland

Shirt No.	Player	Date of Birth	Age*	Caps
2	<b>CARR Jamie (GK)</b>	13 Jun 1996	29	86
4	<b>WITHEROW Luke</b>	10 Aug 1998	26	45
7	<b>CROSS Tim</b>	26 Jan 1991	34	82 (AUS 8, IRL 74)
8	<b>McKEE John</b>	22 Dec 1996	28	122
9	<b>NELSON Matthew</b>	14 Apr 1998	27	106
10	<b>WALSH Daragh</b>	27 Aug 1997	27	123
12	<b>O'DEA Kevin</b>	3 May 2002	23	45
15	<b>MARSHALL Kyle (C)</b>	10 Jul 1998	27	77
17	<b>MURRAY Sean</b>	5 May 1997	28	154
18	<b>MCNELLIS Mark</b>	28 May 1997	28	38
19	<b>McKIBBIN Peter</b>	19 Mar 1997	28	70
20	<b>DUNCAN Jeremy</b>	2 Aug 1994	30	134
21	<b>MILLIKEN James (GK)</b>	6 Oct 1997	27	25
23	<b>PASLEY Ben</b>	21 Feb 2005	20	12
24	<b>WALKER Benjamin</b>	13 Jul 1999	26	114
25	<b>LYNCH Jonathan</b>	5 Apr 2001	24	56
26	<b>BROWN Peter</b>	7 Jul 1994	31	67
28	<b>NELSON Ben</b>	2 Feb 2000	25	21
29	<b>COLE Lee</b>	21 Feb 1995	30	145
30	<b>ROWE Louis</b>	28 Jun 2004	21	21
32	<b>WALKER Adam</b>	3 Dec 2002	22	8
35	<b>EMPEY Conor</b>	7 Aug 1998	26	42
36	<b>HYLAND Sam</b>	23 Dec 1998	26	51
39	<b>GIBSON Fergus</b>	24 Feb 2000	25	17
40	<b>JOHNSON Ben</b>	1 Aug 2000	24	49
41	<b>RYDER Benjamin</b>	9 Mar 2003	22	8
43	<b>ROLESTON Luke (GK)</b>	25 Nov 1999	25	9
46	<b>WILLIAMS Gregory</b>	14 Jun 2004	21	2
47	<b>MCALLISTER Adam</b>	31 Dec 1997	27	8
49	<b>EMPEY Alistair</b>	11 Dec 2000	24	18

NB: Team lists are subject to change following the tournament briefing meeting

\* As of 2025-07-19

## Team Staff

Role	Name
Team Manager	<b>O'SHEA Christine</b>
Team Manager	<b>GEDDIS Raymond</b>
Stand-In Manager	<b>CUNNIFFE Eoin</b>
Head Coach	<b>TUMILTY Mark</b>
Assistant Coach	<b>ROTHMAN Neville</b>
Assistant Coach	<b>FITZGERALD David</b>
Assistant Coach	<b>FREDDY Ashlin</b>
Physiotherapist	<b>DOOLIN Orla</b>

## Team Colours

Shirts	Green   White
Shorts	White   Green
Socks	Green   White
GK Shirts	Orange   Navy

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## Team Details Poland

Shirt No.	Player	Date of Birth	Age*	Caps
1	<b>POPIOŁKOWSKI Mateusz (GK)</b>	21 Apr 1994	31	67
2	<b>GŁOWACKI Mikołaj</b>	18 Mar 1999	26	47
3	<b>BIENKOWSKI Jakub</b>	25 May 2004	21	3
4	<b>BEMBENEK Tomasz</b>	17 Jan 2000	25	45
5	<b>GUMNY Karol</b>	24 Jun 2006	19	8
6	<b>SIKORSKI Mateusz</b>	12 Jun 2005	20	2
7	<b>JARZYŃSKI Gracjan</b>	1 Apr 2001	24	45
8	<b>GUMNY Mikołaj</b>	22 Nov 1994	30	102
9	<b>KUROWSKI Jacek (C)</b>	17 Apr 1998	27	80
10	<b>KOPERSKI Maksymilian</b>	23 Jul 1999	25	51
11	<b>JARZEMBOWSKI Damian</b>	2 Feb 1997	28	26
12	<b>PACANOWSKI Maciej (GK)</b>	21 Sep 1992	32	3
14	<b>PAWLAK Robert</b>	10 May 2003	22	40
16	<b>JANICKI Jakub</b>	9 Sep 1996	28	86
17	<b>PAWLAK Patryk</b>	19 Nov 1996	28	62
20	<b>MARCINKOWSKI Aleks</b>	19 Mar 2005	20	7
21	<b>CHUMENCZUK Jakub</b>	24 Nov 2000	24	32
22	<b>RUTKOWSKI Wojciech</b>	27 Aug 2000	24	3
23	<b>BEMBENEK Eryk</b>	25 Nov 2001	23	40
24	<b>NOWAKOWSKI Mateusz</b>	23 Feb 1998	27	51
27	<b>LANGE Michał</b>	15 Oct 2000	24	40
32	<b>PAWLAK Maksymilian (GK)</b>	18 Feb 2005	20	2

NB: Team lists are subject to change following the tournament briefing meeting

\* As of 2025-07-19

## Team Staff

Role	Name
Team Manager	<b>GRZESZCZAK Robert</b>
Team Manager	<b>SNIEZEK Karol</b>
Head Coach	<b>RACHWALSKI Dariusz</b>
Physiotherapist	<b>MAŁKIEWICZ Oliwia</b>

## Team Colours

Shirts	White   Red
Shorts	White   Red
Socks	White   Red
GK Shirts	Royal Blue   Yellow