

2024 Nkosi Cup (W)  
13 - 17 Dec 2024  
Cape Town



Team Details Ireland

Shirt No.	Player	Date of Birth	Age*	Caps
1	<b>BUCKLEY Emma (GK)</b>	26 Oct 1998	26	31
2	<b>SEYMOUR Caoimhe (GK)</b>	26 Dec 2005	18	3
3	<b>PATTON Sarah</b>	3 Dec 1996	28	37
4	<b>GRAHAM Laura</b>	13 May 2001	23	26
5	<b>SPENCE Caroline</b>	31 May 2000	24	4
6	<b>ROBINSON Ellen</b>	14 Aug 1997	27	9
7	<b>BROWN Chloe</b>	31 Jan 1994	30	36
8	<b>SEGGIE Christine</b>	12 Jul 1997	27	4
9	<b>FOX Orla</b>	27 Sep 1991	33	43
10	<b>PATTON Orla (C)</b>	30 Jan 1994	30	42
11	<b>FULTON Milla</b>	20 Jul 2006	18	13
12	<b>MCCARLIE Jenna</b>	25 Jun 2002	22	13

NB: Team lists are subject to change following the tournament briefing meeting

\* As of 2024-12-13

Team Staff

Role	Name
Team Manager	<b>MYBURGH Gareth</b>
Head Coach	<b>ABBOTT Rob</b>
Assistant Coach	<b>FULTON Natalie</b>

Team Colours

Shirts	Green   Navy Blue
Skirts	Green   Navy Blue
Socks	Green   Navy Blue
GK Shirts	Light Blue   Red

Technical Delegate: BENNETT Sarah (ZIM)

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**Team Details Namibia**

Shirt No.	Player	Date of Birth	Age*	Caps
1	<b>STOFFBERG Petro (GK)</b>	11 Oct 1996	28	68
3	<b>PHILANDER Azaylee</b>	3 Jan 2004	20	38
4	<b>LUDWIG Sunelle (C)</b>	27 Nov 1998	26	55
5	<b>CORMACK Kiana-Che</b>	2 Aug 2001	23	19
7	<b>MEYER Danja</b>	25 Jul 2003	21	20
8	<b>KRUGER Jivanka</b>	5 Jul 1997	27	29
9	<b>BARTLETT Jerrica</b>	1 Apr 1990	34	60
10	<b>HENCKERT Jaime (GK)</b>	13 Jan 2004	20	9
15	<b>KRUGER Jahntwa</b>	8 Feb 2000	24	13
19	<b>MYBURGH Tamarie</b>	19 Dec 2001	22	15
20	<b>NEETHLING Marika</b>	16 Mar 2006	18	5

NB: Team lists are subject to change following the tournament briefing meeting

\* As of 2024-12-13

**Team Staff**

Role	Name
Team Manager	<b>ZEHRT Taryn</b>
Head Coach	<b>CORMACK Shayne</b>
Assistant Coach	<b>PRICE Calvin</b>
Physiotherapist	<b>SMIT Joseph</b>
Psychologist	<b>LANGHE Siegfried</b>

**Team Colours**

Shirts	White   Royal Blue
Skirts	White   Royal Blue
Socks	White   Royal Blue
GK Shirts	Black   Red

Technical Delegate: BENNETT Sarah (ZIM)

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**Team Details South Africa**

Shirt No.	Player	Date of Birth	Age*	Caps
2	<b>SOUTHGATE Jamie (C)</b>	23 Mar 1998	26	100
6	<b>DE OLIVEIRA Daniela</b>	11 Jul 2003	21	42
7	<b>MOLIKOE Edith</b>	23 May 2000	24	74
8	<b>DEN BAKKER Cailynn</b>	9 May 2001	23	19
9	<b>de WAAL Kayla</b>	11 Jun 2000	24	55
14	<b>FOURIE Tegan</b>	13 Jul 1998	26	76
15	<b>HAMZA Malikah</b>	8 Feb 2004	20	25
16	<b>LARDANT Jessica</b>	5 Sep 1997	27	71
17	<b>BRISSET Laiken</b>	27 Mar 2004	20	31
23	<b>GREYVENSTEIN Cheree (GK)</b>	17 Jan 1997	27	73
25	<b>PAGET Sarah (GK)</b>	11 Nov 2001	23	17
29	<b>DAVIDS Laylaa</b>	20 Sep 2001	23	13

NB: Team lists are subject to change following the tournament briefing meeting

\* As of 2024-12-13

**Team Staff**

Role	Name
Team Manager	<b>FLOWERS Tracey</b>
Head Coach	<b>SPIERINGSHOEK A.J.</b>
Assistant Coach	<b>RAMDIN Shahil</b>
Assistant Coach	<b>WEST Bryce</b>
Physiotherapist	<b>BENNETT Miche</b>

**Team Colours**

Shirts	Green   White
Skirts	Green   White
Socks	Yellow   Green
GK Shirts	Red   Navy Blue

Technical Delegate: BENNETT Sarah (ZIM)