



Indoor Africa Cup [IAC] 2024 (Women)
23 - 26 May 2024
NAMIBIA



Team Details Botswana

Shirt No.	Player	Date of Birth	Age*	Caps
1	JACOB Tshepiso (GK)	24 Jan 2000	24	8
3	MASOLE Tlotlo	26 Feb 2005	19	0
6	MPATANE BONANI	6 Jan 2004	20	0
7	KGANELA-WHITE Maya	9 Oct 2004	19	0
8	APADILE Kobamelo (C)	8 Jan 1994	30	0
10	MAKHANDLELA Naledi	25 May 2003	20	4
11	NKOMBA Ipelo	27 Jan 2005	19	0
17	GABANA Boitumelo	11 Jan 2000	24	4

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-05-23

Team Staff

Role	Name
Team Manager	JEREMIAH Irene
Head Coach	BENN Conrad

Team Colours

Shirts	White sky blue Dress
Skirts	Black Sky blue dress
Socks	White Black
GK Shirts	Yellow Orange

Technical Delegate: MORGAN Robyn (RSA)



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Team Details Namibia

Shirt No.	Player	Date of Birth	Age*	Caps
1	STOFFBERG Petro (GK)	11 Oct 1996	27	68
3	PHILANDER Azaylee	3 Jan 2004	20	38
4	LUDWIG Sunelle	27 Nov 1998	25	55
5	CORMACK Kiana-Che	2 Aug 2001	22	19
6	LANDSBERG Kyla	30 Mar 2006	18	3
8	KRUGER Jivanka	5 Jul 1997	26	29
9	BARTLETT Jerrica	1 Apr 1990	34	60
10	HENCKERT Jaime (GK)	13 Jan 2004	20	9
12	HERMANUS Gillian (C)	3 Jan 1998	26	49
15	KRUGER Jahntwa	8 Feb 2000	24	13
16	DERCKSEN Amber	16 Jul 2002	21	13
20	HIGGS Annica	6 Mar 2006	18	3

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* As of 2024-05-23

Team Staff

Role	Name
Team Manager	ABRAHAMS Shaheed
Head Coach	CORMACK Shayne
Physiotherapist	PENZHORN Kirsten

Team Colours

Shirts	Royal Blue White
Skirts	White Royal Blue
Socks	Royal Blue White
GK Shirts	Black Red

Technical Delegate: MORGAN Robyn (RSA)



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Team Details South Africa

Shirt No.	Player	Date of Birth	Age*	Caps
2	SOUTHGATE Jamie (C)	23 Mar 1998	26	100
8	DEN BAKKER Cailynn	9 May 2001	23	19
11	FOURIE Cerian	10 Apr 2003	21	9
14	FOURIE Tegan	13 Jul 1998	25	76
15	HAMZA Malikhah	8 Feb 2004	20	25
16	LARDANT Jessica	5 Sep 1997	26	71
17	BRISSET Laiken	27 Mar 2004	20	31
20	SWANEPOEL Charlize (GK)	5 Aug 1999	24	16
25	PAGET Sarah (GK)	11 Nov 2001	22	17
27	MOABI Bonolo	27 Aug 2002	21	20
29	DAVIDS Laylaa	20 Sep 2001	22	13
30	PORTER Elizabeth	30 Mar 2005	19	9

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Team Staff

Role	Name
Team Manager	FLOWERS Tracey
Head Coach	SPIERINGSHOEK A.J.
Assistant Coach	RAMDIN Shahil
Assistant Coach	PRICE Calvin
Physiotherapist	RUKORO Owetu

Team Colours

Shirts	Green White
Skirts	Green White
Socks	Yellow Green
GK Shirts	Red Navy Blue

Technical Delegate: MORGAN Robyn (RSA)



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Team Details Zimbabwe

Shirt No.	Player	Date of Birth	Age*	Caps
1	MATHIESON Jenna (GK)	16 Apr 2001	23	2
2	MUTARAMUSWA Tanatswa (GK)	9 Jan 2003	21	2
4	EVANS Sarah (C)	18 Dec 1984	39	23
5	MUSHAVI Ruvarashe	9 Jan 2007	17	2
6	BWERINOFA Stephanie	2 Sep 2007	16	2
7	CHIGUMIRA Padiwanashe	6 Jan 2007	17	2
8	GRANT Nicolle	10 Mar 1992	32	23
9	MATAMBO Mufarowashe	28 Apr 2007	17	2
10	DIPLOCK Kelly	11 May 1998	26	2
13	ELIJAH Tinodiwanashe	7 Apr 2005	19	2
17	NENGARE Farirai	17 Jan 1993	31	2

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-05-23

Team Staff

Role	Name
Team Manager	WEBB Tracy
Head Coach	FOURIE Christopher

Team Colours

Shirts	Black White
Skirts	Black Green
Socks	Black Green
GK Shirts	Purple Blue

Technical Delegate: MORGAN Robyn (RSA)