



13th African Games 2023 (W) - Accra , Ghana
17 - 22 Mar 2024
Accra



Team Details Ghana

Shirt No.	Player	Date of Birth	Age*	Caps
2	ANTWI Doris	19 Dec 2001	22	17
3	AMOAH ADWOA	14 May 2007	16	3
4	COFFIE Ernestina	5 Nov 1993	30	49
5	COPSON Hagiet	20 Jun 2001	22	13
6	UMARU Nafisatu	17 Dec 1993	30	57
7	SULEMANA Adizatu	27 Dec 1997	26	32
8	AMOAKO Cecilia	22 Nov 1993	30	66
9	BAMFO Racheal	9 Apr 1990	33	59
10	OPOKU Elizabeth (C)	2 Feb 1994	30	64
11	AFRIYIE Lydia	6 Sep 1997	26	43
12	MENSAH Regina	20 Jul 1992	31	3
13	ACQUAH Juwaila	22 Dec 1996	27	21
14	BERKO Mavis	13 Jul 1997	26	32
15	OWUSUWAA Margaret	27 Sep 2003	20	8
16	ACKON Mercy	29 Oct 2002	21	8
17	NARKUOR Vivian	24 Sep 1999	24	36
18	BOYE Abigail (GK)	24 Sep 1989	34	21
33	AMPEM-DARKOA Mavis (GK)	19 Sep 1994	29	8

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-03-17

Team Staff

Role	Name
Team Manager	MARMON-HALM Grace
Head Coach	BOAKYE-YIADOM Osei
Assistant Coach	SAM Georgina
Assistant Coach	SAM Georgina
Physiotherapist	AMOYAW-BROWN Barbara
Physical Trainer	OPOKU Aikins

Team Colours

Shirts	Yellow Black
Skirts	Yellow Black
Socks	Yellow Black
GK Shirts	Green Yellow

Technical Delegates: OTI-MENSAH Frank (GHA), SIMMONDS Sue (RSA)



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Team Details Kenya

Shirt No.	Player	Date of Birth	Age*	Caps
1	OKORE QUINTER (GK)	24 Aug 1996	27	6
2	BARITI Diana	27 Aug 1998	25	7
3	OCHIENG Gaudencia			2
4	ONYANGO Vivian	30 Mar 1999	24	16
5	GUCHU Caroline	23 Oct 1988	35	61
6	KIPSANG Lynne (C)	17 Sep 1999	24	19
7	NJOGU Racheal	18 Dec 1994	29	11
8	SUMBWA Maurine			2
9	OMWANDHO Leah	28 Jan 1993	31	13
10	KEMUNTO Naom	7 Oct 2000	23	19
12	AKOTH Beverlyne	13 Aug 2002	21	9
13	BWIRE Grace	1 Dec 2001	22	19
14	ODUOR Maurine	13 Dec 1999	24	2
16	WANJIKU Alice			1
17	MUTIVA Flavia	20 Apr 1990	33	52
19	OKUMU Maureen	2 Apr 1996	27	28
20	ODHIAMBO Nichole	20 Dec 2002	21	6
21	CHEBET Eleanor	24 Jul 2001	22	19

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-03-17

Team Staff

Role	Name
Team Manager	NYAMOGO Jane
Stand-In Manager	BILA Godfrey
Head Coach	SENGE Meshack
Physiotherapist	NJERI Antonette

Team Colours

Shirts	Red White
Skirts	White Red
Socks	Black White
GK Shirts	Green Orange

Technical Delegates: OTI-MENSAH Frank (GHA), SIMMONDS Sue (RSA)



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Team Details Nigeria

Shirt No.	Player	Date of Birth	Age*	Caps
1	UKO Martha (GK)	22 Jan 2003	21	12
2	JOHN Alfa (C)	4 Sep 1994	29	27
3	HOSSANAH Hannah	14 Nov 2000	23	12
4	AJEKWE Iveren	25 Jul 2002	21	12
5	ADEYEMI Morufat	21 Jul 1998	25	11
6	CHRISTOPHER Joy	14 Sep 2003	20	12
7	OBUKOWHO Faith	3 May 1995	28	3
8	IRIMIYA Precious	5 Jan 2002	22	5
9	NJOKU QueenEsther	12 Jan 2000	24	12
10	SATURDAY Comfort	9 Mar 2004	20	12
11	CHUKWU Esther	3 Mar 2004	20	9
12	JERRY Aghalelosa	25 Oct 1988	35	7
13	JOHNSON Benedicta	25 Jan 1998	26	19
14	DANBOYI Mary	19 Aug 1996	27	24
15	OGUNMAKINJU Damilola	3 Jan 1995	29	0
16	BILLO Esther	24 Apr 1994	29	25
17	UMWENI Osarugue	4 Apr 2002	21	2
22	ADAMU Aisha (GK)	19 Apr 1989	34	0

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-03-17

Team Staff

Role	Name
Team Manager	MENYEI Peter
Stand-In Manager	FADELE Samuel
Head Coach	NDANA Baba
Assistant Coach	SIYANBOLA Oluyemi
Medical Doctor	COLEMAN ThankGod
Physiotherapist	IZANG Marcus

Team Colours

Shirts	Green White
Skirts	Green Green
Socks	Green White
GK Shirts	Black/Yellow Black/Yellow

Technical Delegates: OTI-MENSAH Frank (GHA), SIMMONDS Sue (RSA)