



African Hockey Road To Paris 2024 (Women)

29 Oct - 5 Nov 2023

Pretoria



Team Details Ghana

| Shirt No. | Player | Date of Birth | Age* | Caps |
|-----------|--------------------------------|--------------------|------|------|
| 2 | MAANYEMBIM Brenya | 20 Feb 1997 | 26 | 4 |
| 4 | COFFIE Ernestina | 5 Nov 1993 | 29 | 49 |
| 5 | COPSON Hagiet | 20 Jun 2001 | 22 | 13 |
| 7 | SULEMANA Adizatu | 27 Dec 1997 | 25 | 32 |
| 8 | AMOAKO Cecilia | 22 Nov 1993 | 29 | 66 |
| 9 | KONADU Jennifer | 10 May 1996 | 27 | 5 |
| 10 | OPOKU Elizabeth (C) | 2 Feb 1994 | 29 | 64 |
| 11 | AFRIYIE Lydia | 6 Sep 1997 | 26 | 43 |
| 12 | SARFOA Martha | 4 Aug 1993 | 30 | 46 |
| 13 | ACQUAH Juwaila | 22 Dec 1996 | 26 | 21 |
| 14 | BERKO Mavis | 13 Jul 1997 | 26 | 32 |
| 15 | OWUSUAA Margaret | 27 Sep 2003 | 20 | 8 |
| 17 | NARKUOR Vivian | 24 Sep 1999 | 24 | 36 |
| 18 | BOYE Abigail (GK) | 24 Sep 1989 | 34 | 21 |
| 26 | ANTWI Doris | 19 Dec 2001 | 21 | 17 |
| 27 | OKINE Dede | 28 Nov 2001 | 21 | 14 |
| 28 | ACKON Mercy | 29 Oct 2002 | 21 | 8 |
| 33 | AMPEM-DARKOA Mavis (GK) | 19 Sep 1994 | 29 | 8 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2023-10-29

Team Staff

| Role | Name |
|------------------|-------------------------|
| Team Manager | ANKOMAH Grace |
| Head Coach | TAYLOR Patrick |
| Assistant Coach | ABASS Ramatu |
| Physiotherapist | ADANGABEY Gaetan |
| Physical Trainer | DZOKOTO Bright |

Team Colours

| | |
|-----------|----------------|
| Shirts | Yellow White |
| Skirts | Black White |
| Socks | Black White |
| GK Shirts | Red Green |

Technical Delegates: OTI-MENSAH Frank (GHA), BENNETT Sarah (ZIM)



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Team Details Kenya

| Shirt No. | Player | Date of Birth | Age* | Caps |
|-----------|-------------------------------|---------------|------|------|
| 1 | ADHIAMBO Milicent (GK) | 29 Sep 2002 | 21 | 14 |
| 2 | BARITI Diana | 27 Aug 1998 | 25 | 7 |
| 4 | ONYANGO Vivian | 30 Mar 1999 | 24 | 16 |
| 5 | GUCHU Caroline | 23 Oct 1988 | 35 | 61 |
| 6 | KIPSANG Lynne (C) | 17 Sep 1999 | 24 | 19 |
| 7 | OWITI Mourine | 5 Mar 2000 | 23 | 17 |
| 8 | OWITI Alice | 5 Mar 2000 | 23 | 21 |
| 10 | KEMUNTO Naom | 7 Oct 2000 | 23 | 19 |
| 11 | WACHIRA Lucy | 3 Jan 1993 | 30 | 9 |
| 13 | BWIRE Grace | 1 Dec 2001 | 21 | 19 |
| 14 | ODUOR Maurine | 13 Dec 1999 | 23 | 2 |
| 15 | KARANJA Tracy | 10 Dec 1992 | 30 | 36 |
| 16 | OPONDO Aurelia | 5 Oct 1999 | 24 | 9 |
| 17 | MUTIVA Flavia | 20 Apr 1990 | 33 | 52 |
| 18 | ONYANGO Cynthia (GK) | 20 Nov 1993 | 29 | 19 |
| 19 | OKUMU Maureen | 2 Apr 1996 | 27 | 28 |
| 21 | CHEBET Eleanor | 24 Jul 2001 | 22 | 19 |
| 26 | OCHIENG' Pauline | 11 Feb 1996 | 27 | 5 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2023-10-29

Team Staff

| Role | Name |
|------------------|------------------------|
| Team Manager | NYAMOGO Jane |
| Stand-In Manager | SIFUNA Elynah |
| Head Coach | SENGE Meshack |
| Assistant Coach | LAUBSCHER Shaun |
| Assistant Coach | ATARO Josephine |
| Assistant Coach | MBULO Rose |
| Medical Doctor | AKINYI Carole |
| Physiotherapist | KAUMBA Rebecca |
| Physical Trainer | NDIRANGU Kanyi |

Team Colours

| | |
|-----------|-----------------------|
| Shirts | Red/Green White/Red |
| Skirts | White Navy Blue |
| Socks | Red Navy Blue |
| GK Shirts | Black Red |

Technical Delegates: OTI-MENSAH Frank (GHA), BENNETT Sarah (ZIM)



Team Details Namibia

| Shirt No. | Player | Date of Birth | Age* | Caps |
|-----------|-------------------------------|---------------|------|------|
| 1 | STOFFBERG Petro (C,GK) | 11 Oct 1996 | 27 | 30 |
| 4 | LUDWIG Sunelle | 27 Nov 1998 | 24 | 29 |
| 8 | KRUGER Jivanka | 5 Jul 1997 | 26 | 27 |
| 9 | BARTLETT Jerrica | 1 Apr 1990 | 33 | 30 |
| 12 | HERMANUS Gillian | 3 Jan 1998 | 25 | 20 |
| 13 | KASHOPOLA Emilia | 13 Jan 1993 | 30 | 21 |
| 18 | SCHOEMAN Vanessa | 22 May 2001 | 22 | 13 |
| 19 | MYBURGH Taramarie | 19 Dec 2001 | 21 | 28 |
| 21 | COETZEE Anthea | 9 Dec 2004 | 18 | 13 |
| 24 | RIX Charlize | 12 Sep 2001 | 22 | 13 |
| 25 | MARTINS Xena | 22 Jul 2002 | 21 | 13 |
| 26 | SEMEDO Tisha | 24 Nov 2003 | 19 | 13 |
| 27 | HAENSEL Britta | 9 Jun 1994 | 29 | 14 |
| 33 | KRUGER Jahntwa | 8 Feb 2000 | 23 | 29 |
| 35 | HENCKERT Jaime (GK) | 13 Jan 2004 | 19 | 2 |
| 36 | MEYER Adoré | 10 Oct 2000 | 23 | 5 |
| 37 | ELS Anri | 23 Nov 1998 | 24 | 5 |
| 38 | INYEMBA Nangula | 22 Apr 2005 | 18 | 4 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2023-10-29

Team Staff

| Role | Name |
|-----------------|-------------------------|
| Team Manager | LIMAN Brenda |
| Head Coach | MAKATI Sedtric |
| Physiotherapist | KLEINSMITH Jason |

Team Colours

| | |
|-----------|---------------------|
| Shirts | Blue Red |
| Skirts | Blue Red |
| Socks | Blue Red |
| GK Shirts | Orange Lime Green |



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Team Details Nigeria

| Shirt No. | Player | Date of Birth | Age* | Caps |
|-----------|-----------------------------|---------------|------|------|
| 1 | UKO Martha (GK) | 22 Jan 2003 | 20 | 12 |
| 2 | JOHN Alfa (C) | 4 Sep 1994 | 29 | 27 |
| 3 | HOSSANAH Hannah | 14 Nov 2000 | 22 | 12 |
| 4 | AJEKWE Iveren | 25 Jul 2002 | 21 | 12 |
| 5 | ADEYEMI Morufat | 21 Jul 1998 | 25 | 11 |
| 6 | CHRISTOPHER Joy | 14 Sep 2003 | 20 | 12 |
| 7 | UMWENI Osarugue | 4 Apr 2002 | 21 | 2 |
| 8 | IRIMIYA Precious | 5 Jan 2002 | 21 | 5 |
| 9 | NJOKU QueenEsther | 12 Jan 2000 | 23 | 12 |
| 10 | SATURDAY Comfort | 9 Mar 2004 | 19 | 12 |
| 11 | CHUKWU Esther | 3 Mar 2004 | 19 | 9 |
| 12 | JERRY Aghalelosa | 25 Oct 1988 | 35 | 7 |
| 13 | JOHNSON Benedicta | 25 Jan 1998 | 25 | 19 |
| 14 | DANBOYI Mary | 19 Aug 1996 | 27 | 24 |
| 15 | GONAH Susanna | 25 May 2001 | 22 | 2 |
| 16 | BILLO Esther | 24 Apr 1994 | 29 | 25 |
| 19 | ADEYEMO Folarin | 25 Dec 1995 | 27 | 16 |
| 22 | DAKWAT Jennifer (GK) | 28 Jun 1999 | 24 | 2 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2023-10-29

Team Staff

| Role | Name |
|-----------------|---------------------------|
| Team Manager | ODEDOKUN Babatunde |
| Head Coach | NDANA Baba |
| Assistant Coach | IZANG Marcus |
| Assistant Coach | OTAH Helen |
| Medical Doctor | COLEMAN ThankGod |

Team Colours

| | |
|-----------|-----------------------|
| Shirts | White Green |
| Skirts | White Green |
| Socks | White Green |
| GK Shirts | Navy Blue Ash Black |

Technical Delegates: OTI-MENSAH Frank (GHA), BENNETT Sarah (ZIM)



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Team Details South Africa

| Shirt No. | Player | Date of Birth | Age* | Caps |
|-----------|--------------------------|---------------|------|------|
| 1 | van DEVENTER Anelle (GK) | 6 Dec 1993 | 29 | 56 |
| 3 | SEERANE Celia | 18 Jun 1990 | 33 | 193 |
| 4 | BOTHA Stephanie | 30 Dec 1998 | 24 | 38 |
| 5 | MOLIKOE Edith | 23 May 2000 | 23 | 42 |
| 8 | PATON Kristen | 21 Dec 1996 | 26 | 80 |
| 10 | ZULU Onthatile | 14 Mar 2000 | 23 | 64 |
| 11 | WOOD Bianca | 20 Feb 2000 | 23 | 47 |
| 12 | MOKOENA Ntsopa | 17 Aug 2004 | 19 | 34 |
| 13 | ISAACS Paris-Gail | 25 Aug 2006 | 17 | 15 |
| 14 | AUGOUSTI Taheera | 23 Sep 2005 | 18 | 34 |
| 16 | CHRISTIE Erin (C) | 20 Mar 1992 | 31 | 113 |
| 23 | du TOIT Jean-Leigh | 18 Jan 2000 | 23 | 34 |
| 25 | LOUW Marie | 9 Feb 1996 | 27 | 32 |
| 27 | de WAAL Kayla | 11 Jun 2000 | 23 | 28 |
| 28 | BOBBS Quanita (C) | 3 Sep 1993 | 30 | 192 |
| 29 | LOMBARD Tarryn | 23 Jan 1995 | 28 | 91 |
| 30 | SWARTS Kayla | 24 May 2003 | 20 | 24 |
| 33 | DIMBA Aphiwe (GK) | 24 Apr 2001 | 22 | 15 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2023-10-29

Team Staff

| Role | Name |
|-----------------|----------------|
| Team Manager | ABRAHAMSE Lynn |
| Head Coach | BONNET Giles |
| Assistant Coach | ZONDI Inky |
| Assistant Coach | LOMBARD Wayne |
| Assistant Coach | KEET Marcelle |
| Physiotherapist | SILAL Sandhya |

Team Colours

| | |
|-----------|-------------------|
| Shirts | Green White |
| Skirts | Green White |
| Socks | Yellow Green |
| GK Shirts | Pink Mint Green |

Technical Delegates: OTI-MENSAH Frank (GHA), BENNETT Sarah (ZIM)



Team Details Zambia

| Shirt No. | Player | Date of Birth | Age* | Caps |
|-----------|-----------------------------------|---------------|------|------|
| 1 | MWALE Esther (GK) | 4 Mar 1996 | 27 | 11 |
| 2 | KALUNGA Brenda | 12 Oct 1996 | 27 | 16 |
| 3 | BWANGA Cleopatra | 5 Sep 2001 | 22 | 2 |
| 4 | MWEWA Mary | 19 Jul 2001 | 22 | 7 |
| 5 | MWALE Beatrice | 13 Dec 2005 | 17 | 2 |
| 6 | MVULA Annie (C) | 17 Aug 1997 | 26 | 16 |
| 7 | MUNTHALI Margret | 26 Jun 1997 | 26 | 13 |
| 8 | KALOMO Martha | 8 Jan 1992 | 31 | 4 |
| 9 | CHAYA Memory | 25 Sep 2009 | 14 | 4 |
| 10 | MAMBWE Eniless | 10 Mar 1997 | 26 | 16 |
| 11 | NANKALA Martha (C) | 10 Oct 1996 | 27 | 11 |
| 12 | MUTANGAMA Harriet | 17 Feb 2003 | 20 | 9 |
| 13 | KALUBA Christine | 15 Oct 2005 | 18 | 4 |
| 14 | MIYATO Delphister | 12 Nov 2005 | 17 | 4 |
| 15 | MULENGA Ireen | 25 Sep 2001 | 22 | 12 |
| 16 | CHIPOLEPOLE Priscilla (GK) | 18 Jun 2005 | 18 | 2 |
| 17 | MUDENDA Loveness | 11 Dec 1999 | 23 | 14 |
| 18 | NAKOMBE Carol | 6 Dec 1999 | 23 | 16 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2023-10-29

Team Staff

| Role | Name |
|-----------------|---------------------------|
| Team Manager | KAMANGA Tinyiko |
| Head Coach | CHOMBA Floyd |
| Assistant Coach | BIYA Geoffery |
| Assistant Coach | LWANDO Godfrey |
| Physiotherapist | KALUBETO Catherine |

Team Colours

| | |
|-----------|----------------|
| Shirts | Orange Black |
| Skirts | Black Green |
| Socks | Orange Green |
| GK Shirts | Red Yellow |



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Team Details Zimbabwe

| Shirt No. | Player | Date of Birth | Age* | Caps |
|-----------|----------------------------------|-------------------|------|------|
| 1 | MATHIESON Jenna (GK) | 16 Apr 2001 | 22 | 11 |
| 2 | MUTARAMUSWA Tanatswa (GK) | 9 Jan 2003 | 20 | 3 |
| 3 | TRIVELLA Taya | 16 Sep 2001 | 22 | 6 |
| 4 | VIVIERS Roxanne | 16 Jan 1993 | 30 | 21 |
| 5 | TERBLANCHE Natalie | 6 Sep 2000 | 23 | 17 |
| 6 | TERBLANCHE Alexei | 13 Sep 2001 | 22 | 17 |
| 7 | HERBST Simone | 7 Dec 2000 | 22 | 17 |
| 8 | GRANT Nicolle (C) | 10 Mar 1992 | 31 | 17 |
| 9 | MUJARANJI Nakai | 9 Sep 2004 | 19 | 3 |
| 10 | DIPLOCK Kelly | 11 May 1998 | 25 | 12 |
| 11 | ZIMUTO Rumbidzaishe | 23 Aug 2005 | 18 | 3 |
| 12 | BRAY Briony | 1 Aug 1988 | 35 | 3 |
| 13 | JOHNSON Iman | 5 Nov 1994 | 28 | 21 |
| 14 | BEEKES Mercedes | 19 Oct 2001 | 22 | 6 |
| 15 | ZIMUTO Rumbidzai | 6 Nov 2000 | 22 | 6 |
| 16 | WILLIAMS Michelle | 21 Aug 1990 | 33 | 18 |
| 17 | NENGARE Farirai | 17 Jan 1993 | 30 | 17 |
| 18 | MASWERA Tatenda | 13 Nov 2003 | 19 | 6 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2023-10-29

Team Staff

| Role | Name |
|------------------|---------------------------|
| Team Manager | LOWE Jacqui |
| Stand-In Manager | MAYERS Sharne |
| Head Coach | CHAUHAN Bhavik |
| Assistant Coach | FOURIE Christopher |
| Physiotherapist | STEFFENS Sophia |

Team Colours

| | |
|-----------|-------------------|
| Shirts | Black White |
| Skirts | Black Green |
| Socks | Black Green |
| GK Shirts | Purple Sky Blue |

Technical Delegates: OTI-MENSAH Frank (GHA), BENNETT Sarah (ZIM)