



## African Hockey Road To Paris 2024 (Women)

29 Oct - 5 Nov 2023

Pretoria



### Team Details Ghana

Shirt No.	Player	Date of Birth	Age*	Caps
2	<b>MAANYEMBIM Brenya</b>	20 Feb 1997	26	4
4	<b>COFFIE Ernestina</b>	<b>5 Nov 1993</b>	29	49
5	<b>COPSON Hagiet</b>	20 Jun 2001	22	13
7	<b>SULEMANA Adizatu</b>	27 Dec 1997	25	32
8	<b>AMOAKO Cecilia</b>	22 Nov 1993	29	66
9	<b>KONADU Jennifer</b>	10 May 1996	27	5
10	<b>OPOKU Elizabeth (C)</b>	2 Feb 1994	29	64
11	<b>AFRIYIE Lydia</b>	6 Sep 1997	26	43
12	<b>SARFOA Martha</b>	4 Aug 1993	30	46
13	<b>ACQUAH Juwaila</b>	22 Dec 1996	26	21
14	<b>BERKO Mavis</b>	13 Jul 1997	26	32
15	<b>OWUSUAA Margaret</b>	27 Sep 2003	20	8
17	<b>NARKUOR Vivian</b>	24 Sep 1999	24	36
18	<b>BOYE Abigail (GK)</b>	24 Sep 1989	34	21
26	<b>ANTWI Doris</b>	19 Dec 2001	21	17
27	<b>OKINE Dede</b>	28 Nov 2001	21	14
28	<b>ACKON Mercy</b>	<b>29 Oct 2002</b>	21	8
33	<b>AMPEM-DARKOA Mavis (GK)</b>	19 Sep 1994	29	8

NB: Team lists are subject to change following the tournament briefing meeting

\* As of 2023-10-29

### Team Staff

Role	Name
Team Manager	<b>ANKOMAH Grace</b>
Head Coach	<b>TAYLOR Patrick</b>
Assistant Coach	<b>ABASS Ramatu</b>
Physiotherapist	<b>ADANGABEY Gaetan</b>
Physical Trainer	<b>DZOKOTO Bright</b>

### Team Colours

Shirts	Yellow   White
Skirts	Black   White
Socks	Black   White
GK Shirts	Red   Green

Technical Delegates: OTI-MENSAH Frank (GHA), BENNETT Sarah (ZIM)



## African Hockey Road To Paris 2024 (Women)

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### Team Details Kenya

Shirt No.	Player	Date of Birth	Age*	Caps
1	<b>ADHIAMBO Milicent (GK)</b>	29 Sep 2002	21	14
2	<b>BARITI Diana</b>	27 Aug 1998	25	7
4	<b>ONYANGO Vivian</b>	30 Mar 1999	24	16
5	<b>GUCHU Caroline</b>	23 Oct 1988	35	61
6	<b>KIPSANG Lynne (C)</b>	17 Sep 1999	24	19
7	<b>OWITI Mourine</b>	5 Mar 2000	23	17
8	<b>OWITI Alice</b>	5 Mar 2000	23	21
10	<b>KEMUNTO Naom</b>	7 Oct 2000	23	19
11	<b>WACHIRA Lucy</b>	3 Jan 1993	30	9
13	<b>BWIRE Grace</b>	1 Dec 2001	21	19
14	<b>ODUOR Maurine</b>	13 Dec 1999	23	2
15	<b>KARANJA Tracy</b>	10 Dec 1992	30	36
16	<b>OPONDO Aurelia</b>	5 Oct 1999	24	9
17	<b>MUTIVA Flavia</b>	20 Apr 1990	33	52
18	<b>ONYANGO Cynthia (GK)</b>	20 Nov 1993	29	19
19	<b>OKUMU Maureen</b>	2 Apr 1996	27	28
21	<b>CHEBET Eleanor</b>	24 Jul 2001	22	19
26	<b>OCHIENG' Pauline</b>	11 Feb 1996	27	5

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\* As of 2023-10-29

### Team Staff

Role	Name
Team Manager	<b>NYAMOGO Jane</b>
Stand-In Manager	<b>SIFUNA Elynah</b>
Head Coach	<b>SENGE Meshack</b>
Assistant Coach	<b>LAUBSCHER Shaun</b>
Assistant Coach	<b>ATARO Josephine</b>
Assistant Coach	<b>MBULO Rose</b>
Medical Doctor	<b>AKINYI Carole</b>
Physiotherapist	<b>KAUMBA Rebecca</b>
Physical Trainer	<b>NDIRANGU Kanyi</b>

### Team Colours

Shirts	Red/Green   White/Red
Skirts	White   Navy Blue
Socks	Red   Navy Blue
GK Shirts	Black   Red

Technical Delegates: OTI-MENSAH Frank (GHA), BENNETT Sarah (ZIM)



## African Hockey Road To Paris 2024 (Women)

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### Team Details Namibia

Shirt No.	Player	Date of Birth	Age*	Caps
1	<b>STOFFBERG Petro (C,GK)</b>	11 Oct 1996	27	34
4	<b>LUDWIG Sunelle</b>	27 Nov 1998	24	32
8	<b>KRUGER Jivanka</b>	5 Jul 1997	26	27
9	<b>BARTLETT Jerrica</b>	1 Apr 1990	33	34
12	<b>HERMANUS Gillian</b>	3 Jan 1998	25	22
13	<b>KASHOPOLA Emilia</b>	13 Jan 1993	30	21
18	<b>SCHOEMAN Vanessa</b>	22 May 2001	22	13
19	<b>MYBURGH Taramarie</b>	19 Dec 2001	21	32
21	<b>COETZEE Anthea</b>	9 Dec 2004	18	13
24	<b>RIX Charlize</b>	12 Sep 2001	22	17
25	<b>MARTINS Xena</b>	22 Jul 2002	21	13
26	<b>SEMEDO Tisha</b>	24 Nov 2003	19	13
27	<b>HAENSEL Britta</b>	9 Jun 1994	29	14
33	<b>KRUGER Jahntwa</b>	8 Feb 2000	23	29
35	<b>HENCKERT Jaime (GK)</b>	13 Jan 2004	19	2
36	<b>MEYER Adoré</b>	10 Oct 2000	23	9
37	<b>ELS Anri</b>	23 Nov 1998	24	9
38	<b>INYEMBA Nangula</b>	22 Apr 2005	18	4

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### Team Staff

Role	Name
Team Manager	<b>LIMAN Brenda</b>
Head Coach	<b>MAKATI Sedtric</b>
Physiotherapist	<b>KLEINSMITH Jason</b>

### Team Colours

Shirts	Blue   Red
Skirts	Blue   Red
Socks	Blue   Red
GK Shirts	Orange   Lime Green

Technical Delegates: OTI-MENSAH Frank (GHA), BENNETT Sarah (ZIM)



## African Hockey Road To Paris 2024 (Women)

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### Team Details Nigeria

Shirt No.	Player	Date of Birth	Age*	Caps
1	<b>UKO Martha (GK)</b>	22 Jan 2003	20	12
2	<b>JOHN Alfa (C)</b>	4 Sep 1994	29	27
3	<b>HOSSANAH Hannah</b>	14 Nov 2000	22	12
4	<b>AJEKWE Iveren</b>	25 Jul 2002	21	12
5	<b>ADEYEMI Morufat</b>	21 Jul 1998	25	11
6	<b>CHRISTOPHER Joy</b>	14 Sep 2003	20	12
7	<b>UMWENI Osarugue</b>	4 Apr 2002	21	2
8	<b>IRIMIYA Precious</b>	5 Jan 2002	21	5
9	<b>NJOKU QueenEsther</b>	12 Jan 2000	23	12
10	<b>SATURDAY Comfort</b>	9 Mar 2004	19	12
11	<b>CHUKWU Esther</b>	3 Mar 2004	19	9
12	<b>JERRY Aghalelosa</b>	25 Oct 1988	35	7
13	<b>JOHNSON Benedicta</b>	25 Jan 1998	25	19
14	<b>DANBOYI Mary</b>	19 Aug 1996	27	24
15	<b>GONAH Susanna</b>	25 May 2001	22	2
16	<b>BILLO Esther</b>	24 Apr 1994	29	25
19	<b>ADEYEMO Folarin</b>	25 Dec 1995	27	16
22	<b>DAKWAT Jennifer (GK)</b>	28 Jun 1999	24	2

NB: Team lists are subject to change following the tournament briefing meeting

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### Team Staff

Role	Name
Team Manager	<b>ODEDOKUN Babatunde</b>
Head Coach	<b>NDANA Baba</b>
Assistant Coach	<b>IZANG Marcus</b>
Assistant Coach	<b>OTAH Helen</b>
Medical Doctor	<b>COLEMAN ThankGod</b>

### Team Colours

Shirts	White   Green
Skirts	White   Green
Socks	White   Green
GK Shirts	Navy Blue   Ash Black

Technical Delegates: OTI-MENSAH Frank (GHA), BENNETT Sarah (ZIM)



**African Hockey Road To Paris 2024 (Women)**  
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Pretoria



**Team Details South Africa**

Shirt No.	Player	Date of Birth	Age*	Caps
1	van DEVENTER Anelle (GK)	6 Dec 1993	29	56
3	SEERANE Celia	18 Jun 1990	33	193
4	BOTHA Stephanie	30 Dec 1998	24	38
5	MOLIKOE Edith	23 May 2000	23	42
8	PATON Kristen	21 Dec 1996	26	80
10	ZULU Onthatile	14 Mar 2000	23	64
11	WOOD Bianca	20 Feb 2000	23	47
12	MOKOENA Ntsopa	17 Aug 2004	19	34
13	ISAACS Paris-Gail	25 Aug 2006	17	15
14	AUGOUSTI Taheera	23 Sep 2005	18	34
16	CHRISTIE Erin (C)	20 Mar 1992	31	113
23	du TOIT Jean-Leigh	18 Jan 2000	23	34
25	LOUW Marie	9 Feb 1996	27	32
27	de WAAL Kayla	11 Jun 2000	23	28
28	BOBBS Quanita (C)	3 Sep 1993	30	192
29	LOMBARD Tarryn	23 Jan 1995	28	91
30	SWARTS Kayla	24 May 2003	20	24
33	DIMBA Aphiwe (GK)	24 Apr 2001	22	15

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\* As of 2023-10-29

**Team Staff**

Role	Name
Team Manager	ABRAHAMSE Lynn
Head Coach	BONNET Giles
Assistant Coach	ZONDI Inky
Assistant Coach	LOMBARD Wayne
Assistant Coach	KEET Marcelle
Physiotherapist	SILAL Sandhya

**Team Colours**

Shirts	Green   White
Skirts	Green   White
Socks	Yellow   Green
GK Shirts	Pink   Mint Green

Technical Delegates: OTI-MENSAH Frank (GHA), BENNETT Sarah (ZIM)



**Team Details Zambia**

Shirt No.	Player	Date of Birth	Age*	Caps
1	<b>MWALE Esther (GK)</b>	4 Mar 1996	27	13
2	<b>KALUNGA Brenda</b>	12 Oct 1996	27	20
3	<b>BWANGA Cleopatra</b>	5 Sep 2001	22	6
4	<b>MWEWA Mary</b>	19 Jul 2001	22	11
5	<b>MWALE Beatrice</b>	13 Dec 2005	17	2
6	<b>MVULA Annie (C)</b>	17 Aug 1997	26	16
7	<b>MUNTHALI Margret</b>	26 Jun 1997	26	13
8	<b>KALOMO Martha</b>	8 Jan 1992	31	8
9	<b>CHAYA Memory</b>	25 Sep 2009	14	8
10	<b>MAMBWE Eniless</b>	10 Mar 1997	26	20
11	<b>NANKALA Martha (C)</b>	10 Oct 1996	27	15
12	<b>MUTANGAMA Harriet</b>	17 Feb 2003	20	13
13	<b>KALUBA Christine</b>	15 Oct 2005	18	4
14	<b>MIYATO Delphister</b>	12 Nov 2005	17	7
15	<b>MULENGA Ireen</b>	25 Sep 2001	22	12
16	<b>CHIPOLEPOLE Priscilla (GK)</b>	18 Jun 2005	18	4
17	<b>MUDENDA Loveness</b>	11 Dec 1999	23	18
18	<b>NAKOMBE Carol</b>	6 Dec 1999	23	20

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\* As of 2023-10-29

**Team Staff**

Role	Name
Team Manager	<b>KAMANGA Tinyiko</b>
Head Coach	<b>CHOMBA Floyd</b>
Assistant Coach	<b>BIYA Geoffery</b>
Assistant Coach	<b>LWANDO Godfrey</b>
Physiotherapist	<b>KALUBETO Catherine</b>

**Team Colours**

Shirts	Orange   Black
Skirts	Black   Green
Socks	Orange   Green
GK Shirts	Red   Yellow



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### Team Details Zimbabwe

Shirt No.	Player	Date of Birth	Age*	Caps
1	<b>MATHIESON Jenna (GK)</b>	16 Apr 2001	22	11
2	<b>MUTARAMUSWA Tanatswa (GK)</b>	9 Jan 2003	20	7
3	<b>TRIVELLA Taya</b>	16 Sep 2001	22	6
4	<b>VIVIERS Roxanne</b>	16 Jan 1993	30	21
5	<b>TERBLANCHE Natalie</b>	6 Sep 2000	23	17
6	<b>TERBLANCHE Alexei</b>	13 Sep 2001	22	17
7	<b>HERBST Simone</b>	7 Dec 2000	22	17
8	<b>GRANT Nicolle (C)</b>	10 Mar 1992	31	17
9	<b>MUJARANJI Nakai</b>	9 Sep 2004	19	3
10	<b>DIPLOCK Kelly</b>	11 May 1998	25	12
11	<b>ZIMUTO Rumbidzaishe</b>	23 Aug 2005	18	3
12	<b>BRAY Briony</b>	1 Aug 1988	35	3
13	<b>JOHNSON Iman</b>	<b>5 Nov 1994</b>	28	25
14	<b>BEEKES Mercedes</b>	19 Oct 2001	22	6
15	<b>ZIMUTO Rumbidzai</b>	6 Nov 2000	22	6
16	<b>WILLIAMS Michelle</b>	21 Aug 1990	33	18
17	<b>NENGARE Farirai</b>	17 Jan 1993	30	21
18	<b>MASWERA Tatenda</b>	13 Nov 2003	19	6

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### Team Staff

Role	Name
Team Manager	<b>LOWE Jacqui</b>
Stand-In Manager	<b>MAYERS Sharne</b>
Head Coach	<b>CHAUHAN Bhavik</b>
Assistant Coach	<b>FOURIE Christopher</b>
Physiotherapist	<b>STEFFENS Sophia</b>

### Team Colours

Shirts	Black   White
Skirts	Black   Green
Socks	Black   Green
GK Shirts	Purple   Sky Blue

Technical Delegates: OTI-MENSAH Frank (GHA), BENNETT Sarah (ZIM)