

Team Details Germany

| Shirt No. | Player | Date of Birth | Age* | Caps |
|-----------|---------------------------------|---------------|------|------|
| 2 | HORN Kira | 12 Feb 1995 | 24 | 97 |
| 3 | WORTMANN Amelie | 21 Oct 1996 | 23 | 121 |
| 4 | LORENZ Nike | 12 Mar 1997 | 22 | 188 |
| 5 | ORUZ Selin | 5 Feb 1997 | 22 | 170 |
| 6 | GABLAC Hannah | 25 Feb 1995 | 24 | 95 |
| 8 | SCHRÖDER Anne | 11 Sep 1994 | 25 | 216 |
| 9 | GRÄVE Elisa | 18 Oct 1996 | 23 | 95 |
| 11 | MICHEEL Lena | 29 Apr 1998 | 21 | 122 |
| 12 | STAPENHORST Charlotte | 15 Jun 1995 | 24 | 179 |
| 14 | MÜLLER-WIELAND Janne (C) | 28 Oct 1986 | 33 | 329 |
| 15 | KUBALSKI Nathalie (GK) | 3 Sep 1993 | 26 | 65 |
| 16 | ZIMMERMANN Sonja | 15 Jun 1999 | 20 | 107 |
| 18 | ALTENBURG Lisa | 23 Sep 1989 | 30 | 142 |
| 19 | SCHAUNIG Maike | 13 Mar 1996 | 23 | 63 |
| 20 | SONNTAG Julia (GK) | 1 Nov 1991 | 28 | 94 |
| 21 | HAUKE Franzisca | 10 Sep 1989 | 30 | 207 |
| 22 | PIEPER Cecile | 31 Aug 1994 | 25 | 191 |
| 24 | MAERTENS Pia | 6 Jan 1999 | 21 | 71 |
| 25 | HUSE Viktoria | 24 Oct 1995 | 24 | 126 |
| 27 | HEYN Naomi | 20 Sep 1998 | 21 | 28 |
| 28 | GROTE Rebecca | 6 Aug 1992 | 27 | 27 |
| 30 | GRANITZKI Hanna | 31 Jul 1997 | 22 | 112 |
| 32 | KRÜGER Rosa (GK) | | | 3 |
| 66 | HEINZ Pauline | 1 May 2001 | 18 | 55 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2020-01-25

Team Staff

| Role | Name |
|-----------------|---------------------------|
| Team Manager | SCHULER Fabian |
| Head Coach | RECKINGER Xavier |
| Assistant Coach | KELLER Florian |
| Assistant Coach | LEWIS James |
| Assistant Coach | de NOOIJER Teun |
| Assistant Coach | BOCKHORST Tillmann |
| Medical Doctor | MANDRYKA Boris |
| Medical Doctor | VONHOEGEN Jan |
| Physiotherapist | STÄBLEIN Nicole |
| Physiotherapist | KAUBE Anne |
| Psychologist | PRAUSE Andreas |

Team Colours

| | |
|-----------|---------------|
| Shirts | Black White |
| Skirts | Black White |
| Socks | Black White |
| GK Shirts | Pink Green |

2020 Test matches IRL v GER (W)
25 - 29 Jan 2020
Stellenbosch (RSA)



Team Details Ireland

| Shirt No. | Player | Date of Birth | Age* | Caps |
|-----------|------------------------------|---------------|------|------|
| 1 | McFERRAN Ayeisha (GK) | 10 Jan 1996 | 24 | 134 |
| 2 | BUCKLEY Emma (GK) | 26 Oct 1998 | 21 | 21 |
| 6 | UPTON Roisin | 1 Apr 1994 | 25 | 130 |
| 7 | BARR Serena | 11 Jun 1995 | 24 | 22 |
| 8 | EVANS Nicola | 17 Jan 1990 | 30 | 203 |
| 9 | MULLAN Kathryn (C) | 7 Apr 1994 | 25 | 241 |
| 10 | McCAY Shirley | 7 Jun 1988 | 31 | 316 |
| 12 | TICE Elena | 16 Nov 1997 | 22 | 158 |
| 14 | BEATTY Emily | 18 Aug 1993 | 26 | 102 |
| 15 | PINDER Gillian | 5 May 1992 | 27 | 170 |
| 17 | McLOUGHLIN Hannah | 2 Dec 1999 | 20 | 61 |
| 20 | WATKINS Chloe | 7 Mar 1992 | 27 | 242 |
| 21 | COLVIN Lizzie | 4 Jan 1990 | 30 | 206 |
| 22 | MURPHY Elizabeth (GK) | 28 Jun 1998 | 21 | 33 |
| 23 | MATTHEWS Hannah | 24 Mar 1991 | 28 | 158 |
| 24 | TORRANS Sarah | 14 Feb 1999 | 20 | 67 |
| 25 | HAWKSHAW Sarah | 4 Nov 1995 | 24 | 81 |
| 26 | O'FLANAGAN Anna | 18 Feb 1990 | 29 | 220 |
| 28 | DUKE Deirdre | 9 Jun 1992 | 27 | 173 |
| 29 | CURRAN Ellen | 4 Mar 1998 | 21 | 62 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2020-01-25

Team Staff

| Role | Name |
|------------------|--------------------------|
| Team Manager | BONE Julia |
| Stand-In Manager | MCGUINNESS Aileen |
| Head Coach | DANCER Sean |
| Assistant Coach | McKINNON Mick |
| Assistant Coach | GRUNDIE Gareth |
| Physiotherapist | LSINI David |
| Physiotherapist | MURPHY Roisin |

Team Colours

| | |
|-----------|---------------------|
| Shirts | Green White |
| Skirts | Green White |
| Socks | White Green |
| GK Shirts | Light Blue Yellow |

Technical Delegate: MORGAN Robyn (RSA)