

Team Details China

| Shirt No. | Player | Date of Birth | Age* | Caps |
|-----------|-------------------------|--------------------|------|------|
| 1 | ZHANG Xiaoxue | 13 Dec 1992 | 26 | 219 |
| 2 | XU Wenyu | 6 Dec 1995 | 23 | 118 |
| 3 | HE Jiangxin | 19 Aug 1997 | 22 | 114 |
| 4 | CHEN Yi | 28 Jan 1997 | 22 | 72 |
| 5 | PENG Yang (C) | 17 Jan 1992 | 27 | 202 |
| 6 | GUO Qiu | 25 Nov 1995 | 23 | 68 |
| 7 | ZHONG Jiaqi | 23 Sep 1999 | 19 | 129 |
| 8 | LUO Tiantian | 12 Jul 1995 | 24 | 41 |
| 9 | SONG Xiaoming | 4 Mar 1994 | 25 | 49 |
| 13 | WANG Na | 5 Aug 1994 | 25 | 129 |
| 14 | ZHANG Jinrong | 24 Mar 1997 | 22 | 134 |
| 15 | LI Hong | 31 May 1999 | 20 | 148 |
| 17 | XI Xiayun | 29 Jul 1992 | 27 | 113 |
| 18 | SUN Xiao | 13 Jun 1992 | 27 | 99 |
| 20 | OU Zixia | 24 Sep 1995 | 23 | 179 |
| 21 | CUI Qiuxia (C) | 11 Sep 1990 | 29 | 200 |
| 23 | GU Bingfeng | 25 Jan 1994 | 25 | 182 |
| 25 | LIANG Meiyu | 8 Jan 1994 | 25 | 225 |
| 28 | LI Jiaqi | 2 Jul 1995 | 24 | 136 |
| 30 | LI Dongxiao (GK) | 26 Nov 1987 | 31 | 156 |
| 32 | YE Jiao (GK) | 21 Oct 1994 | 24 | 116 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2019-09-22

Team Staff

| Role | Name |
|------------------|------------------------------|
| Team Manager | WANG Tong |
| Stand-In Manager | KIM Sang Ryul |
| Head Coach | HUANG Yongsheng |
| Assistant Coach | CHEN Dekang |
| Physiotherapist | DIXON-McIVER Campbell |
| Physiotherapist | HUANG Hua |

Team Colours

| | |
|-----------|-------------------|
| Shirts | Red Yellow |
| Skirts | Red Yellow |
| Socks | Red Yellow |
| GK Shirts | Light Blue Pink |

Team Details Ireland

| Shirt No. | Player | Date of Birth | Age* | Caps |
|-----------|------------------------------|---------------|------|------|
| 1 | McFERRAN Ayeisha (GK) | 10 Jan 1996 | 23 | 130 |
| 2 | BUCKLEY Emma (GK) | 26 Oct 1998 | 20 | 21 |
| 3 | O'FLANAGAN Grace (GK) | 7 Apr 1989 | 30 | 36 |
| 4 | O'BYRNE Yvonne | 2 Jan 1992 | 27 | 132 |
| 6 | UPTON Roisin | 1 Apr 1994 | 25 | 125 |
| 7 | BARR Serena | 11 Jun 1995 | 24 | 22 |
| 8 | EVANS Nicola | 17 Jan 1990 | 29 | 203 |
| 9 | MULLAN Kathryn (C) | 7 Apr 1994 | 25 | 236 |
| 10 | McCAY Shirley | 7 Jun 1988 | 31 | 316 |
| 12 | NEILL Elena | 16 Nov 1997 | 21 | 153 |
| 14 | BEATTY Emily | 18 Aug 1993 | 26 | 102 |
| 15 | PINDER Gillian | 5 May 1992 | 27 | 170 |
| 18 | BARR Beth | 11 Jun 1995 | 24 | 35 |
| 20 | WATKINS Chloe | 7 Mar 1992 | 27 | 242 |
| 21 | COLVIN Lizzie | 4 Jan 1990 | 29 | 206 |
| 22 | DALY Nicola | 3 Apr 1988 | 31 | 200 |
| 23 | MATTHEWS Hannah | 24 Mar 1991 | 28 | 158 |
| 24 | MURPHY Elizabeth (GK) | 28 Jun 1998 | 21 | 32 |
| 25 | HAWKSHAW Sarah | 4 Nov 1995 | 23 | 76 |
| 26 | O'FLANAGAN Anna | 18 Feb 1990 | 29 | 220 |
| 27 | WILSON Zoe | 15 Feb 1997 | 22 | 106 |
| 28 | DUKE Deirdre | 9 Jun 1992 | 27 | 173 |
| 29 | CURRAN Ellen | 4 Mar 1998 | 21 | 57 |
| 30 | MEEKE Alison | 7 Jun 1991 | 28 | 145 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2019-09-22

Team Staff

| Role | Name |
|------------------|--------------------------|
| Team Manager | BOYLES Arlene |
| Stand-In Manager | KELLY Robert |
| Stand-In Manager | MCGUINNESS Aideen |
| Head Coach | DANCER Sean |
| Assistant Coach | GRUNDIE Gareth |
| Physiotherapist | MURPHY Roisin |

Team Colours

| | |
|-----------|---------------------|
| Shirts | Green White |
| Skirts | Green White |
| Socks | White Green |
| GK Shirts | Light Blue Yellow |