Women Indoor Senior Test Series (NAM vs RSA)

9 - 11 Oct 2026

Sport Facilitation Center

Team Details Namibia

Shirt No.	Player	Date of Birth	Age*	Caps
1	**STOFFBERG Petro (GK)**	**11 Oct 1996**	29	88
3	**PHILANDER Azaylee**	3 Jan 2004	22	52
4	**PRETORIUS Sunelle (C)**	27 Nov 1998	27	75
7	**GRÖGLI Tamara**	26 Jun 2009	17	11
8	**KRUGER Jivanka**	5 Jul 1997	29	43
10	**NEETHLING Marika**	16 Mar 2006	20	18
11	**ROWLES Abigail**	10 Feb 2009	17	5
12	**HERMANUS Gillian**	3 Jan 1998	28	63
13	**GRÖGLI Leila**	25 May 2011	15	10
14	**HINDA Ottilie**	8 Sep 2010	16	9
15	**KRUGER Jahntwa**	8 Feb 2000	26	27
16	**DERCKSEN Amber**	16 Jul 2002	24	23
18	**JACOBS Anri (GK)**	20 Apr 2007	19	0

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2026-10-09

Team Staff

Role	Name
Team Manager	**ZEHRT Taryn**
Head Coach	**CORMACK Shayne**
Assistant Coach	**CORMACK Trevor**
Physiotherapist	**BOTES Dalena**

Team Colours

Shirts	Royal Blue | White
Skirts	Royal Blue | White
Socks	Royal Blue | White
GK Shirts	Black | Black

Technical Delegate: WEYHE Johann (NAM)

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Sport Facilitation Center

Team Details South Africa

Shirt No.	Player	Date of Birth	Age*	Caps
2	**SOUTHGATE Jamie (C)**	23 Mar 1998	28	116
4	**ABRAHAMS Jehan**	2 Jul 2007	19	4
7	**MOLIKOE Edith (C)**	23 May 2000	26	90
8	**DEN BAKKER Cailynn**	9 May 2001	25	28
9	**TROMP Anja**	10 Sep 2005	21	5
10	**WOOLF Chelsey**	30 Jan 2009	17	11
11	**FOURIE Cerian**	10 Apr 2003	23	20
13	**BLOWS Jodie**	13 Dec 2005	20	4
14	**FOURIE Tegan**	13 Jul 1998	28	86
15	**HAMZA Malikah**	8 Feb 2004	22	40
25	**PAGET Sarah (GK)**	13 Nov 2001	24	32
26	**DESAI Manisha (GK)**	5 Mar 2004	22	4
27	**MOABI Bonolo**	27 Aug 2002	24	22
30	**PORTER Elizabeth**	30 Mar 2005	21	11

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2026-10-09

Team Staff

Role	Name
Team Manager	**MTOLO Nonhlanhla**
Head Coach	**PRICE Calvin**
Assistant Coach	**de WINNAAR Taryn**
Physiotherapist	**SOKWANDA Lilitha**
Physical Trainer	**RAMDIN Shahil**

Team Colours

Shirts	Green | White
Skirts	Green | White
Socks	Yellow | Green
GK Shirts	Red | Navy Blue

Technical Delegate: WEYHE Johann (NAM)

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