2025 Nkosi Cup (W)

12 - 16 Dec 2025

Cape Town, South Africa

Team Details Australia

Shirt No.	Player	Date of Birth	Age*	Caps
1	**WELSH Brooke**	23 Apr 2001	24	17
3	**BURNS Caitlin**	31 Oct 1994	31	21
10	**WHITE Ella**	30 Jul 2002	23	17
12	**TEVANT Annelyse**	1 Oct 2004	21	14
15	**SCRIVEN Emma**	23 Apr 1991	34	20
16	**LEIGHTON Emma (GK)**	15 Sep 1999	26	6
17	**BURNS Erin**	8 Feb 1993	32	17
21	**ZIMMERMAN Jamie**	17 Oct 2002	23	20
24	**LEE Kaitlyn**	16 Jun 2000	25	9
25	**HUGHES Kelsey**	5 Jul 1999	26	20
28	**ECONOMOS Samantha**	27 Feb 1994	31	21
31	**NEOWHOUSE Tegan (GK)**	1 Nov 2001	24	16

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-12

Team Staff

Role	Name
Team Manager	**RIGGS Catherine**
Head Coach	**HERRINGTON Brett**
Assistant Coach	**STEELE Greg**
Physiotherapist	**LÖTTER Caryn**

Team Colours

Shirts	Yellow | Teal
Skirts	Teal | Yellow
Socks	Yellow | Teal
GK Shirts	Light Blue | Purple

Technical Delegate: BENNETT Sarah (ZIM)

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Team Details Namibia

Shirt No.	Player	Date of Birth	Age*	Caps
1	**STOFFBERG Petro (GK)**	11 Oct 1996	29	88
4	**LUDWIG Sunelle (C)**	27 Nov 1998	27	75
5	**CORMACK Kiana-Ché (C)**	2 Aug 2001	24	34
7	**MEYER Danja**	25 Jul 2003	22	35
9	**BARTLETT Jerrica**	1 Apr 1990	35	75
14	**HINDA Ottilie**	8 Sep 2010	15	9
16	**DERCKSEN Amber**	16 Jul 2002	23	23
17	**GRÖGLI Tamara**	26 Jun 2009	16	11
18	**RICHARDS Sienna**	23 Nov 2009	16	6
22	**GRÖGLI Leila**	25 May 2011	14	10
23	**ERASMUS Alexandra (GK)**	14 Apr 2009	16	1
25	**JANUARY Allison**	10 Jun 2011	14	6

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-12

Team Staff

Role	Name
Team Manager	**ZEHRT Taryn**
Stand-In Manager	**HERMANUS Gillian**
Head Coach	**CORMACK Shayne**
Assistant Coach	**CORMACK Trevor**
Physiotherapist	**BOTES Dalena**

Team Colours

Shirts	Royal Blue | Yellow
Skirts	Royal Blue | Yellow
Socks	Royal Blue | White
GK Shirts	Red | Black

Technical Delegate: BENNETT Sarah (ZIM)

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Team Details New Zealand

Shirt No.	Player	Date of Birth	Age*	Caps
1	**CAIRD Melissa (GK)**	1 Aug 1994	31	9
4	**ROBERTS Anna**	7 Aug 1996	29	20
5	**BRUN Emily**	10 Dec 2005	20	11
6	**ROXBOROUGH-JUDD Eliza**	29 Jan 2003	22	11
8	**BUCHANAN Tegan (C)**	8 Jul 1999	26	19
11	**HEPI Oriwa**	1 Jul 1992	33	25
12	**MCGOON Marijke**	25 Sep 1999	26	11
14	**MCLEAN Anna**	28 Apr 2005	20	6
17	**WOODWARD Mckaela**	22 Oct 2006	19	6
18	**GIBSON Grace**	7 Oct 1998	27	25
20	**FITZGERALD Bria**	8 Oct 2004	21	6
22	**HOLT Isabella (GK)**	21 Dec 2005	19	5

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-12

Team Staff

Role	Name
Team Manager	**SCHELL Louise**
Head Coach	**CASEY Jolene**
Assistant Coach	**THONISSEN Luke**
Physiotherapist	**KERSPUY Cara**

Team Colours

Shirts	BLACK | WHITE
Skirts	BLACK | WHITE
Socks	BLACK | WHITE
GK Shirts	Light BLUE | RED

Technical Delegate: BENNETT Sarah (ZIM)

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Team Details South Africa

Shirt No.	Player	Date of Birth	Age*	Caps
2	**SOUTHGATE Jamie (C)**	23 Mar 1998	27	116
5	**KROUTZ Tatum**	25 Oct 2002	23	12
6	**DE OLIVEIRA Daniella (C)**	11 Jul 2003	22	53
7	**MOLIKOE Edith (C)**	23 May 2000	25	90
10	**WOOLF Chelsey**	30 Jan 2009	16	11
11	**FOURIE Cerian**	10 Apr 2003	22	20
13	**THOMAS Ashleigh**	21 Nov 1999	26	6
15	**HAMZA Malikah**	8 Feb 2004	21	40
16	**LARDANT Jessica**	5 Sep 1997	28	82
17	**BRISSET Laikén**	27 Mar 2004	21	42
20	**SWANEPOEL Charlize (GK)**	5 Aug 1999	26	20
25	**PAGET Sarah (GK)**	13 Nov 2001	24	32

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-12

Team Staff

Role	Name
Team Manager	**MTOLO Nonhlanhla**
Head Coach	**PRICE Calvin**
Assistant Coach	**de WINNAAR Taryn**
Physiotherapist / Stand-In Manager	**SOKWANDA Lilitha**
Physical Trainer	**RAMDIN Shahil**

Team Colours

Shirts	Green | White
Skirts	Green | White
Socks	Yellow | Green
GK Shirts	Red | Navy Blue

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Team Details Zimbabwe

Shirt No.	Player	Date of Birth	Age*	Caps
1	**MUTARAMUSWA Tanatswa (GK)**	9 Jan 2003	22	6
2	**MATHIESON Jenna (GK)**	16 Apr 2001	24	6
3	**WILDE Lylie**	23 Jul 1992	33	18
4	**EVANS Sarah**	18 Dec 1984	40	27
5	**VIVIERS Roxanne**	16 Jan 1993	32	11
6	**TERBLANCHE Alexei**	13 Sep 2001	24	11
7	**HERBST Simone**	7 Dec 2000	25	16
8	**TERBLANCHE Natalie**	6 Sep 2000	25	15
9	**MUJIBA Athina**	6 Apr 2002	23	4
10	**TRIVELLA Taya**	16 Sep 2001	24	4
11	**ZIMUTO Rumbidzai**	6 Nov 2000	25	4
12	**JOHNSON Iman**	5 Nov 1994	31	18

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-12

Team Staff

Role	Name
Team Manager	**REILLY Bridget**
Team Manager	**WEBB Tracy**
Head Coach	**MAREDZA Tendayi**
Assistant Coach	**TAFUMA Kanyiwe**

Team Colours

Shirts	Red | White
Skirts	Black | Green
Socks	Black | Green
GK Shirts	Purple | Blue

Technical Delegate: BENNETT Sarah (ZIM)

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