



### Team Details Kenya

Shirt No.	Player	Date of Birth	Age*	Caps
1	<b>NASAMBU Rebecca (GK)</b>	23 Dec 2003	21	4
2	<b>WEKESA Marione</b>	2 Feb 2004	20	5
3	<b>OTIENO Velma</b>	14 Apr 2007	17	5
4	<b>SAWANGA Michelle</b>	4 Jan 2003	21	5
5	<b>NYONGESA Wendy</b>	11 Apr 2003	21	5
6	<b>MAGUMBA Munira</b>	26 Sep 2004	20	4
7	<b>RANGA Daughty (C)</b>	5 Jul 2003	21	5
8	<b>ABUKUSE Millicent</b>	20 Oct 2003	21	5
9	<b>JOKEYO Dorah</b>	14 Jan 2003	21	5
10	<b>JEPTOO Joyline</b>	20 Feb 2004	20	5
11	<b>MWAGANDI Brenda</b>	12 Apr 2004	20	5
12	<b>AUMA Cynthia</b>	10 Oct 2010	14	3
14	<b>SENOI Irene</b>	10 Dec 2006	18	5
15	<b>ONG'AYO Lavenda</b>	<b>22 Apr 2007</b>	17	5
16	<b>NAMACHANJA Daina</b>	15 Jan 2007	17	5
17	<b>AMONDI Faith</b>	3 Aug 2004	20	5
18	<b>JELAGAT Abigael</b>	3 Apr 2006	18	5
19	<b>MUKHONGO Prevon</b>	18 Mar 2003	21	2
20	<b>OUMA Sharleen (GK)</b>	1 Apr 2006	18	3

NB: Team lists are subject to change following the tournament briefing meeting

\* As of 2024-12-31

### Team Staff

Role	Name
Team Manager	<b>NAMASAKE Glennis</b>
Head Coach	<b>MBULO Rose</b>
Assistant Coach	<b>OSINO Joseph</b>
Assistant Coach	<b>OKEYO Willis</b>
Medical Doctor	<b>OKOTH Carol</b>
Physiotherapist	<b>KAUMBA Rebecca</b>

### Team Colours

Shirts	RED   WHITE
Skirts	WHITE   NAVY BLUE
Socks	RED   BLACK
GK Shirts	GREEN   ORANGE



**Team Details Namibia**

Shirt No.	Player	Date of Birth	Age*	Caps
1	<b>CARTWRIGHT Jasmine (GK)</b>	13 Mar 2008	16	6
2	<b>COETZEE Marlene</b>	22 Jan 2008	16	6
3	<b>PHILANDER Azaylee (C)</b>	3 Jan 2004	20	6
4	<b>SEMEDO Tisha</b>	24 Nov 2003	21	6
5	<b>BEZUIDENHOUT Onique</b>	10 Jan 2007	17	3
6	<b>ROWLES Abigail</b>	10 Feb 2009	15	6
7	<b>NEETHLING Marika</b>	16 Mar 2006	18	6
8	<b>GRESSE Jessica</b>	<b>20 Apr 2008</b>	16	6
9	<b>FOURIE Nicola</b>	<b>19 Apr 2007</b>	17	6
10	<b>GILLE Kyla</b>	1 Mar 2006	18	6
11	<b>ROWLES Alice</b>	3 Apr 2007	17	6
12	<b>COETZEE Anthea</b>	9 Dec 2004	20	6
13	<b>MALAN Milah</b>	29 May 2006	18	6
14	<b>KRUGER Maryke</b>	14 Aug 2009	15	6
15	<b>HIGGS Annica</b>	6 Mar 2006	18	6
16	<b>MCCARTHY Louise</b>	13 Jun 2008	16	6
17	<b>KARSTEN Mia</b>	12 Apr 2006	18	5
18	<b>JACOBS Anri (GK)</b>	<b>20 Apr 2007</b>	17	6

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**Team Staff**

Role	Name
Team Manager	<b>du RAAN Charlene</b>
Team Manager	<b>DREYER wynand</b>
Head Coach	<b>MAKATI Sedtric</b>
Assistant Coach	<b>DU RAAN Christoffel</b>

**Team Colours**

Shirts	Royal Blue   White
Skirts	Royal Blue   Red
Socks	Royal Blue   Red
GK Shirts	Bright Yellow   Black



**Team Details South Africa**

Shirt No.	Player	Date of Birth	Age*	Caps
1	<b>THERON Lilly-Anne (GK)</b>	25 Aug 2005	19	5
2	<b>SALIS Paige</b>	17 Jun 2004	20	6
4	<b>SPERSHOTT Germarie</b>	23 Mar 2005	19	6
5	<b>PAKENDORF Tara</b>	29 Jun 2006	18	6
6	<b>BLOWS Jodie</b>	13 Dec 2005	19	5
8	<b>FAIRON Amber</b>	28 Aug 2007	17	5
9	<b>MAREE Caylin</b>	21 May 2003	21	9
10	<b>JANSE Ane</b>	20 Mar 2004	20	6
11	<b>BLAAUW Jenna</b>	2 Sep 2004	20	5
13	<b>ISAACS Paris-Gail</b>	25 Aug 2006	18	6
14	<b>ENGELKE Baylee</b>	18 Jul 2005	19	5
16	<b>MZIZI Nomsa</b>	8 Jul 2004	20	5
17	<b>MOKOENA Ntsopa</b>	17 Aug 2004	20	6
18	<b>DE LA REY Teshawn</b>	4 May 2005	19	6
23	<b>VOGEL Angelé</b>	10 Oct 2005	19	6
24	<b>PHUME Reabetswe</b>	16 Mar 2006	18	6
25	<b>NORVAL Richele (GK)</b>	24 Jun 2004	20	6
27	<b>NDUBUEZE Ifeoma</b>	11 Apr 2006	18	5

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**Team Staff**

Role	Name
Team Manager	<b>LAMONT Marcel</b>
Head Coach	<b>BROWN Cindy</b>
Assistant Coach	<b>NKABINDE Nolwazi</b>
Physical Trainer	<b>BOTHA Ciara</b>

**Team Colours**

Shirts	Green   White
Skirts	Green   White
Socks	Yellow   Green
GK Shirts	Mint   Coral



### Team Details Uganda

Shirt No.	Player	Date of Birth	Age*	Caps
1	<b>NAMWASE Hajirah (GK)</b>	28 Apr 2004	20	5
2	<b>NANDI Winnie (C)</b>	27 Dec 2005	19	5
3	<b>NANKINGA Stella</b>	7 Dec 2007	17	5
4	<b>AMARA Daniellah</b>	24 Sep 2007	17	5
5	<b>ATIM Irine</b>	<b>25 Apr 2004</b>	20	5
6	<b>BABIRYE Juliet</b>	30 Nov 2006	18	5
7	<b>ATIM Anita</b>	27 Jul 2003	21	5
8	<b>BALONDEMU Hildah (C)</b>	28 Jan 2003	21	5
9	<b>ALIMO Jolly (C)</b>	27 Nov 2006	18	5
10	<b>NINSIIMA Pauline</b>	9 Sep 2003	21	5
11	<b>TEMAIYA Nelly</b>	4 Nov 2007	17	5
12	<b>NABATANZI Juliana</b>	10 Oct 2006	18	5
13	<b>NABAYIJJA Ingrid</b>	20 Sep 2007	17	5
14	<b>NATABO Noeline</b>	25 Dec 2007	17	5
15	<b>BWENGYE Destiny</b>	1 Aug 2008	16	3
16	<b>NAKATO Janet</b>	30 Nov 2006	18	5
17	<b>AHAIRWE Rhemah (GK)</b>	12 Nov 2007	17	1

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### Team Staff

Role	Name
Team Manager	<b>BAINE Bridget</b>
Head Coach	<b>NSEREKO Moses</b>
Assistant Coach	<b>OKELLO Martin</b>
Medical Doctor	<b>EWOCHU Emmanuel</b>
Physiotherapist	<b>DAVIS Nku</b>

### Team Colours

Shirts	Yellow   Red
Skirts	Black   Black
Socks	Yellow   Black
GK Shirts	Blue   Green



### Team Details Zambia

Shirt No.	Player	Date of Birth	Age*	Caps
1	<b>CHUNGU Chengelo (GK)</b>	<b>23 Apr 2006</b>	18	4
2	<b>MALOKOTA Natasha</b>	18 May 2005	19	5
3	<b>TAGWIREYI Prisca</b>	4 Mar 2007	17	5
4	<b>MWEFU Thabita (C)</b>	14 Jul 2006	18	5
5	<b>MWALE Beatrice (C)</b>	13 Dec 2005	19	5
6	<b>PHIRI Anna</b>	28 Jun 2008	16	5
7	<b>KAIRA</b>	28 Feb 2008	16	4
9	<b>CHAYA Memory</b>	25 Sep 2009	15	5
10	<b>CHANDA Rosemary</b>	7 May 2010	14	4
11	<b>MUTAMBO Mercy</b>	8 Jan 2010	14	5
12	<b>MWALE Salome</b>	29 May 2008	16	5
13	<b>KALUBA Christine</b>	15 Oct 2005	19	5
15	<b>MIYATO Delphister</b>	12 Nov 2005	19	5
16	<b>CHIPOLEPOLE Priscilla (GK)</b>	18 Jun 2005	19	3
17	<b>NAKOMBE Racheal</b>	29 Jun 2008	16	5
18	<b>PATEL Tanisha</b>	10 Nov 2009	15	5
19	<b>SOKO Esnart</b>	12 May 2008	16	5
20	<b>BANDA Selina</b>	22 Dec 2006	18	5

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### Team Staff

Role	Name
Team Manager	<b>KATOKA Rita</b>
Head Coach	<b>LWANDO Godfrey</b>
Assistant Coach	<b>MWANZA Peter</b>
Assistant Coach	<b>KUMWENDA Bikilon</b>
Physiotherapist	<b>MUMBA Maulisho</b>

### Team Colours

Shirts	Red   Orange
Skirts	Black
Socks	Black   Orange
GK Shirts	Yellow   Black



### Team Details Zimbabwe

Shirt No.	Player	Date of Birth	Age*	Caps
1	<b>MUTARAMUSWA Tanatswa (GK)</b>	9 Jan 2003	21	6
2	<b>WIGHTMAN Janelle (GK)</b>	30 Sep 2007	17	6
3	<b>MUNYAWARARA Tawana</b>	21 Oct 2007	17	6
4	<b>FERNANDES Marilena</b>	16 Dec 2006	18	6
5	<b>MATAMBO Mufarowashe</b>	28 Apr 2007	17	6
6	<b>NYAGUZE Nyasha</b>	26 Dec 2005	19	6
7	<b>MUNYONGA Chidochashe</b>	31 Jul 2006	18	6
8	<b>TOZANA Amber</b>	23 Oct 2005	19	6
9	<b>MUSHAVI Ruvarashe</b>	9 Jan 2007	17	6
10	<b>ORFORD Jessica</b>	15 Feb 2007	17	6
11	<b>KAMBADZA Panaka</b>	1 Mar 2005	19	6
12	<b>WINSOR Rebeca</b>	10 Sep 2008	16	6
13	<b>ELIJAH Tinodiwanashe (C)</b>	7 Apr 2005	19	11
14	<b>GODFREY Hannah</b>	29 Mar 2007	17	6
15	<b>ELLERMAN Tayla</b>	<b>23 Apr 2006</b>	18	6
16	<b>MUSIYIWA Mutsawashe</b>	5 Aug 2006	18	6
17	<b>BWERINOFA Stephanie</b>	2 Sep 2007	17	3
18	<b>MUKOTEKWA Tanatswa</b>	24 Jan 2005	19	6

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### Team Staff

Role	Name
Team Manager	<b>CHINGOKA Chiyevo</b>
Stand-In Manager	<b>CAMPBELL Catherine</b>
Head Coach	<b>HEUER Bradley</b>
Assistant Coach	<b>PONGWENI Tapiwa</b>
Assistant Coach	<b>TAFUMA Kanyiwe</b>

### Team Colours

Shirts	Black   White
Skirts	Black   Green
Socks	Black   Bottle Green
GK Shirts	Purple   Sky Blue