



13th African Games 2023 (W) - Accra , Ghana
17 - 22 Mar 2024
Accra



Team Details Ghana

| Shirt No. | Player | Date of Birth | Age* | Caps |
|-----------|--------------------------------|---------------|------|------|
| 2 | ANTWI Doris | 19 Dec 2001 | 22 | 17 |
| 3 | AMOAH ADWOA | 14 May 2007 | 16 | 3 |
| 4 | COFFIE Ernestina | 5 Nov 1993 | 30 | 49 |
| 5 | COPSON Hagiet | 20 Jun 2001 | 22 | 13 |
| 6 | UMARU Nafisatu | 17 Dec 1993 | 30 | 57 |
| 7 | SULEMANA Adizatu | 27 Dec 1997 | 26 | 32 |
| 8 | AMOAKO Cecilia | 22 Nov 1993 | 30 | 66 |
| 9 | BAMFO Racheal | 9 Apr 1990 | 33 | 59 |
| 10 | OPOKU Elizabeth (C) | 2 Feb 1994 | 30 | 64 |
| 11 | AFRIYIE Lydia | 6 Sep 1997 | 26 | 43 |
| 12 | MENSAH Regina | 20 Jul 1992 | 31 | 3 |
| 13 | ACQUAH Juwaila | 22 Dec 1996 | 27 | 21 |
| 14 | BERKO Mavis | 13 Jul 1997 | 26 | 32 |
| 15 | OWUSUWAA Margaret | 27 Sep 2003 | 20 | 8 |
| 16 | ACKON Mercy | 29 Oct 2002 | 21 | 8 |
| 17 | NARKUOR Vivian | 24 Sep 1999 | 24 | 36 |
| 18 | BOYE Abigail (GK) | 24 Sep 1989 | 34 | 21 |
| 33 | AMPEM-DARKOA Mavis (GK) | 19 Sep 1994 | 29 | 8 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-03-17

Team Staff

| Role | Name |
|------------------|-----------------------------|
| Team Manager | MARMON-HALM Grace |
| Head Coach | BOAKYE-YIADOM Osei |
| Assistant Coach | SAM Georgina |
| Assistant Coach | SAM Georgina |
| Physiotherapist | AMOYAW-BROWN Barbara |
| Physical Trainer | OPOKU Aikins |

Team Colours

| | |
|-----------|----------------|
| Shirts | Yellow Black |
| Skirts | Yellow Black |
| Socks | Yellow Black |
| GK Shirts | Green Yellow |

Technical Delegates: OTI-MENSAH Frank (GHA), SIMMONDS Sue (RSA)



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Team Details Kenya

| Shirt No. | Player | Date of Birth | Age* | Caps |
|-----------|---------------------------|---------------|------|------|
| 1 | OKORE QUINTER (GK) | 24 Aug 1996 | 27 | 6 |
| 2 | BARITI Diana | 27 Aug 1998 | 25 | 7 |
| 3 | OCHIENG Gaudencia | | | 2 |
| 4 | ONYANGO Vivian | 30 Mar 1999 | 24 | 16 |
| 5 | GUCHU Caroline | 23 Oct 1988 | 35 | 61 |
| 6 | KIPSANG Lynne (C) | 17 Sep 1999 | 24 | 19 |
| 7 | NJOGU Racheal | 18 Dec 1994 | 29 | 11 |
| 8 | SUMBWA Maurine | | | 2 |
| 9 | OMWANDHO Leah | 28 Jan 1993 | 31 | 13 |
| 10 | KEMUNTO Naom | 7 Oct 2000 | 23 | 19 |
| 12 | AKOTH Beverlyne | 13 Aug 2002 | 21 | 9 |
| 13 | BWIRE Grace | 1 Dec 2001 | 22 | 19 |
| 14 | ODUOR Maurine | 13 Dec 1999 | 24 | 2 |
| 16 | WANJIKU Alice | | | 1 |
| 17 | MUTIVA Flavia | 20 Apr 1990 | 33 | 52 |
| 19 | OKUMU Maureen | 2 Apr 1996 | 27 | 28 |
| 20 | ODHIAMBO Nichole | 20 Dec 2002 | 21 | 6 |
| 21 | CHEBET Eleanor | 24 Jul 2001 | 22 | 19 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-03-17

Team Staff

| Role | Name |
|------------------|------------------------|
| Team Manager | NYAMOGO Jane |
| Stand-In Manager | BILA Godfrey |
| Head Coach | SENGE Meshack |
| Physiotherapist | NJERI Antonette |

Team Colours

| | |
|-----------|----------------|
| Shirts | Red White |
| Skirts | White Red |
| Socks | Black White |
| GK Shirts | Green Orange |

Technical Delegates: OTI-MENSAH Frank (GHA), SIMMONDS Sue (RSA)



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Team Details Nigeria

| Shirt No. | Player | Date of Birth | Age* | Caps |
|-----------|-----------------------------|---------------|------|------|
| 1 | UKO Martha (GK) | 22 Jan 2003 | 21 | 12 |
| 2 | JOHN Alfa (C) | 4 Sep 1994 | 29 | 27 |
| 3 | HOSSANAH Hannah | 14 Nov 2000 | 23 | 12 |
| 4 | AJEKWE Iveren | 25 Jul 2002 | 21 | 12 |
| 5 | ADEYEMI Morufat | 21 Jul 1998 | 25 | 11 |
| 6 | CHRISTOPHER Joy | 14 Sep 2003 | 20 | 12 |
| 7 | OBUKOWHO Faith | 3 May 1995 | 28 | 3 |
| 8 | IRIMIYA Precious | 5 Jan 2002 | 22 | 5 |
| 9 | NJOKU QueenEsther | 12 Jan 2000 | 24 | 12 |
| 10 | SATURDAY Comfort | 9 Mar 2004 | 20 | 12 |
| 11 | CHUKWU Esther | 3 Mar 2004 | 20 | 9 |
| 12 | JERRY Aghalelosa | 25 Oct 1988 | 35 | 7 |
| 13 | JOHNSON Benedicta | 25 Jan 1998 | 26 | 19 |
| 14 | DANBOYI Mary | 19 Aug 1996 | 27 | 24 |
| 15 | OGUNMAKINJU Damilola | 3 Jan 1995 | 29 | 0 |
| 16 | BILLO Esther | 24 Apr 1994 | 29 | 25 |
| 17 | UMWENI Osarugue | 4 Apr 2002 | 21 | 2 |
| 22 | ADAMU Aisha (GK) | 19 Apr 1989 | 34 | 0 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-03-17

Team Staff

| Role | Name |
|------------------|--------------------------|
| Team Manager | MENYEI Peter |
| Stand-In Manager | FADELE Samuel |
| Head Coach | NDANA Baba |
| Assistant Coach | SIYANBOLA Oluyemi |
| Medical Doctor | COLEMAN ThankGod |
| Physiotherapist | IZANG Marcus |

Team Colours

| | |
|-----------|-----------------------------|
| Shirts | Green White |
| Skirts | Green Green |
| Socks | Green White |
| GK Shirts | Black/Yellow Black/Yellow |

Technical Delegates: OTI-MENSAH Frank (GHA), SIMMONDS Sue (RSA)