



African Hockey Road To Paris 2024 (Women)

29 Oct - 5 Nov 2023

Pretoria



Team Details Ghana

Shirt No.	Player	Date of Birth	Age*	Caps
2	MAANYEMBIM Brenya	20 Feb 1997	26	4
4	COFFIE Ernestina	5 Nov 1993	29	49
5	COPSON Hagiet	20 Jun 2001	22	13
7	SULEMANA Adizatu	27 Dec 1997	25	32
8	AMOAKO Cecilia	22 Nov 1993	29	66
9	KONADU Jennifer	10 May 1996	27	5
10	OPOKU Elizabeth (C)	2 Feb 1994	29	64
11	AFRIYIE Lydia	6 Sep 1997	26	43
12	SARFOA Martha	4 Aug 1993	30	46
13	ACQUAH Juwaila	22 Dec 1996	26	21
14	BERKO Mavis	13 Jul 1997	26	32
15	OWUSUAA Margaret	27 Sep 2003	20	8
17	NARKUOR Vivian	24 Sep 1999	24	36
18	BOYE Abigail (GK)	24 Sep 1989	34	21
26	ANTWI Doris	19 Dec 2001	21	17
27	OKINE Dede	28 Nov 2001	21	14
28	ACKON Mercy	29 Oct 2002	21	8
33	AMPEM-DARKOA Mavis (GK)	19 Sep 1994	29	8

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2023-10-29

Team Staff

Role	Name
Team Manager	ANKOMAH Grace
Head Coach	TAYLOR Patrick
Assistant Coach	ABASS Ramatu
Physiotherapist	ADANGABEY Gaetan
Physical Trainer	DZOKOTO Bright

Team Colours

Shirts	Yellow White
Skirts	Black White
Socks	Black White
GK Shirts	Red Green

Technical Delegates: OTI-MENSAH Frank (GHA), BENNETT Sarah (ZIM)



African Hockey Road To Paris 2024 (Women)

29 Oct - 5 Nov 2023

Pretoria



Team Details Kenya

Shirt No.	Player	Date of Birth	Age*	Caps
1	ADHIAMBO Milicent (GK)	29 Sep 2002	21	14
2	BARITI Diana	27 Aug 1998	25	7
4	ONYANGO Vivian	30 Mar 1999	24	16
5	GUCHU Caroline	23 Oct 1988	35	61
6	KIPSANG Lynne (C)	17 Sep 1999	24	19
7	OWITI Mourine	5 Mar 2000	23	17
8	OWITI Alice	5 Mar 2000	23	21
10	KEMUNTO Naom	7 Oct 2000	23	19
11	WACHIRA Lucy	3 Jan 1993	30	9
13	BWIRE Grace	1 Dec 2001	21	19
14	ODUOR Maurine	13 Dec 1999	23	2
15	KARANJA Tracy	10 Dec 1992	30	36
16	OPONDO Aurelia	5 Oct 1999	24	9
17	MUTIVA Flavia	20 Apr 1990	33	52
18	ONYANGO Cynthia (GK)	20 Nov 1993	29	18
19	OKUMU Maureen	2 Apr 1996	27	28
21	CHEBET Eleanor	24 Jul 2001	22	19
26	OCHIENG' Pauline	11 Feb 1996	27	5

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2023-10-29

Team Staff

Role	Name
Team Manager	NYAMOGO Jane
Stand-In Manager	SIFUNA Elynah
Head Coach	SENGE Meshack
Assistant Coach	LAUBSCHER Shaun
Assistant Coach	ATARO Josephine
Assistant Coach	MBULO Rose
Medical Doctor	AKINYI Carole
Physiotherapist	KAUMBA Rebecca
Physical Trainer	NDIRANGU Kanyi

Team Colours

Shirts	Red/Green White/Red
Skirts	White Navy Blue
Socks	Red Navy Blue
GK Shirts	Black Red

Technical Delegates: OTI-MENSAH Frank (GHA), BENNETT Sarah (ZIM)



African Hockey Road To Paris 2024 (Women)
29 Oct - 5 Nov 2023
Pretoria



Team Details Namibia

Shirt No.	Player	Date of Birth	Age*	Caps
1	STOFFBERG Petro (C,GK)	11 Oct 1996	27	30
4	LUDWIG Sunelle	27 Nov 1998	24	29
8	KRUGER Jivanka	5 Jul 1997	26	27
9	BARTLETT Jerrica	1 Apr 1990	33	30
12	HERMANUS Gillian	3 Jan 1998	25	20
13	KASHOPOLA Emilia	13 Jan 1993	30	21
18	SCHOEMAN Vanessa	22 May 2001	22	13
19	MYBURGH Taramarie	19 Dec 2001	21	28
21	COETZEE Anthea	9 Dec 2004	18	13
24	RIX Charlize	12 Sep 2001	22	13
25	MARTINS Xena	22 Jul 2002	21	13
26	SEMEDO Tisha	24 Nov 2003	19	13
27	HAENSEL Britta	9 Jun 1994	29	14
33	KRUGER Jahntwa	8 Feb 2000	23	29
35	HENCKERT Jaime (GK)	13 Jan 2004	19	2
36	MEYER Adoré	10 Oct 2000	23	5
37	ELS Anri	23 Nov 1998	24	5
38	INYEMBA Nangula	22 Apr 2005	18	4

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2023-10-29

Team Staff

Role	Name
Team Manager	LIMAN Brenda
Head Coach	MAKATI Sedtric
Physiotherapist	KLEINSMITH Jason

Team Colours

Shirts	Blue Red
Skirts	Blue Red
Socks	Blue Red
GK Shirts	Orange Lime Green

Technical Delegates: OTI-MENSAH Frank (GHA), BENNETT Sarah (ZIM)



African Hockey Road To Paris 2024 (Women)

29 Oct - 5 Nov 2023

Pretoria



Team Details Nigeria

Shirt No.	Player	Date of Birth	Age*	Caps
1	UKO Martha (GK)	22 Jan 2003	20	12
2	JOHN Alfa (C)	4 Sep 1994	29	27
3	HOSSANAH Hannah	14 Nov 2000	22	12
4	AJEKWE Iveren	25 Jul 2002	21	12
5	ADEYEMI Morufat	21 Jul 1998	25	11
6	CHRISTOPHER Joy	14 Sep 2003	20	12
7	UMWENI Osarugue	4 Apr 2002	21	2
8	IRIMIYA Precious	5 Jan 2002	21	5
9	NJOKU QueenEsther	12 Jan 2000	23	12
10	SATURDAY Comfort	9 Mar 2004	19	12
11	CHUKWU Esther	3 Mar 2004	19	9
12	JERRY Aghalelosa	25 Oct 1988	35	7
13	JOHNSON Benedicta	25 Jan 1998	25	19
14	DANBOYI Mary	19 Aug 1996	27	24
15	GONAH Susanna	25 May 2001	22	2
16	BILLO Esther	24 Apr 1994	29	25
19	ADEYEMO Folarin	25 Dec 1995	27	16
22	DAKWAT Jennifer (GK)	28 Jun 1999	24	2

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2023-10-29

Team Staff

Role	Name
Team Manager	ODEDOKUN Babatunde
Head Coach	NDANA Baba
Assistant Coach	IZANG Marcus
Assistant Coach	OTAH Helen
Medical Doctor	COLEMAN ThankGod

Team Colours

Shirts	White Green
Skirts	White Green
Socks	White Green
GK Shirts	Navy Blue Ash Black

Technical Delegates: OTI-MENSAH Frank (GHA), BENNETT Sarah (ZIM)



African Hockey Road To Paris 2024 (Women)

29 Oct - 5 Nov 2023

Pretoria



Team Details South Africa

Shirt No.	Player	Date of Birth	Age*	Caps
1	van DEVENTER Anelle (GK)	6 Dec 1993	29	51
3	SEERANE Celia	18 Jun 1990	33	188
4	BOTHA Stephanie	30 Dec 1998	24	33
5	MOLIKOE Edith	23 May 2000	23	37
8	PATON Kristen	21 Dec 1996	26	75
10	ZULU Onthatile	14 Mar 2000	23	59
11	WOOD Bianca	20 Feb 2000	23	47
12	MOKOENA Ntsopa	17 Aug 2004	19	29
13	ISAACS Paris-Gail	25 Aug 2006	17	10
14	AUGOUSTI Taheera	23 Sep 2005	18	29
16	CHRISTIE Erin (C)	20 Mar 1992	31	108
23	du TOIT Jean-Leigh	18 Jan 2000	23	34
25	LOUW Marie	9 Feb 1996	27	29
27	de WAAL Kayla	11 Jun 2000	23	23
28	BOBBS Quanita (C)	3 Sep 1993	30	187
29	LOMBARD Tarryn	23 Jan 1995	28	91
30	SWARTS Kayla	24 May 2003	20	21
33	DIMBA Aphiwe (GK)	24 Apr 2001	22	15

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2023-10-29

Team Staff

Role	Name
Team Manager	ABRAHAMSE Lynn
Head Coach	BONNET Giles
Assistant Coach	ZONDI Inky
Assistant Coach	LOMBARD Wayne
Assistant Coach	KEET Marcelle
Physiotherapist	SILAL Sandhya

Team Colours

Shirts	Green White
Skirts	Green White
Socks	Yellow Green
GK Shirts	Pink Mint Green

Technical Delegates: OTI-MENSAH Frank (GHA), BENNETT Sarah (ZIM)



Team Details Zambia

Shirt No.	Player	Date of Birth	Age*	Caps
1	MWALE Esther (GK)	4 Mar 1996	27	11
2	KALUNGA Brenda	12 Oct 1996	27	16
3	BWANGA Cleopatra	5 Sep 2001	22	2
4	MWEWA Mary	19 Jul 2001	22	7
5	MWALE Beatrice	13 Dec 2005	17	2
6	MVULA Annie (C)	17 Aug 1997	26	16
7	MUNTHALI Margret	26 Jun 1997	26	13
8	KALOMO Martha	8 Jan 1992	31	4
9	CHAYA Memory	25 Sep 2009	14	4
10	MAMBWE Eniless	10 Mar 1997	26	16
11	NANKALA Martha (C)	10 Oct 1996	27	11
12	MUTANGAMA Harriet	17 Feb 2003	20	9
13	KALUBA Christine	15 Oct 2005	18	4
14	MIYATO Delphister	12 Nov 2005	17	4
15	MULENGA Ireen	25 Sep 2001	22	12
16	CHIPOLEPOLE Priscilla (GK)	18 Jun 2005	18	2
17	MUDENDA Loveness	11 Dec 1999	23	14
18	NAKOMBE Carol	6 Dec 1999	23	16

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2023-10-29

Team Staff

Role	Name
Team Manager	KAMANGA Tinyiko
Head Coach	CHOMBA Floyd
Assistant Coach	BIYA Geoffery
Assistant Coach	LWANDO Godfrey
Physiotherapist	KALUBETO Catherine

Team Colours

Shirts	Orange Black
Skirts	Black Green
Socks	Orange Green
GK Shirts	Red Yellow



African Hockey Road To Paris 2024 (Women)

29 Oct - 5 Nov 2023

Pretoria



Team Details Zimbabwe

Shirt No.	Player	Date of Birth	Age*	Caps
1	MATHIESON Jenna (GK)	16 Apr 2001	22	11
2	MUTARAMUSWA Tanatswa (GK)	9 Jan 2003	20	3
3	TRIVELLA Taya	16 Sep 2001	22	6
4	VIVIERS Roxanne	16 Jan 1993	30	21
5	TERBLANCHE Natalie	6 Sep 2000	23	17
6	TERBLANCHE Alexei	13 Sep 2001	22	17
7	HERBST Simone	7 Dec 2000	22	17
8	GRANT Nicolle (C)	10 Mar 1992	31	17
9	MUJARANJI Nakai	9 Sep 2004	19	3
10	DIPLOCK Kelly	11 May 1998	25	12
11	ZIMUTO Rumbidzaishe	23 Aug 2005	18	3
12	BRAY Briony	1 Aug 1988	35	3
13	JOHNSON Iman	5 Nov 1994	28	21
14	BEEKES Mercedes	19 Oct 2001	22	6
15	ZIMUTO Rumbidzai	6 Nov 2000	22	6
16	WILLIAMS Michelle	21 Aug 1990	33	18
17	NENGARE Farirai	17 Jan 1993	30	17
18	MASWERA Tatenda	13 Nov 2003	19	6

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2023-10-29

Team Staff

Role	Name
Team Manager	LOWE Jacqui
Stand-In Manager	MAYERS Sharne
Head Coach	CHAUHAN Bhavik
Assistant Coach	FOURIE Christopher
Physiotherapist	STEFFENS Sophia

Team Colours

Shirts	Black White
Skirts	Black Green
Socks	Black Green
GK Shirts	Purple Sky Blue

Technical Delegates: OTI-MENSAH Frank (GHA), BENNETT Sarah (ZIM)