2023 4 Nations Women's Invitational Tournament (Barcelona)

25 - 30 Jul 2023

Terrassa, Barcelona

Team Details England

Shirt No.	Player	Date of Birth	Age*	Caps
3	**TENNANT Amy (GK)**	28 Aug 1994	28	32 (ENG 13, GBR 19)
4	**ROPER Laura**	8 Mar 1988	35	360 (ENG 185, GBR 175)
7	**FRENCH Hannah**	30 Dec 1994	28	155 (ENG 77, GBR 78)
11	**HUNT Holly**	15 Mar 1997	26	60 (ENG 56, GBR 4)
13	**RAYER Elena**	22 Nov 1996	26	162 (ENG 110, GBR 52)
14	**HOWARD Tessa**	6 Jan 1999	24	137 (ENG 72, GBR 65)
16	**PETTER Isabelle**	27 Jun 2000	23	131 (ENG 61, GBR 70)
19	**HAMILTON Olivia**	28 Feb 2001	22	40 (ENG 39, GBR 1)
20	**PEARNE-WEBB Hollie (C)**	19 Sep 1990	32	274 (ENG 140, GBR 134)
21	**CRACKLES Fiona**	11 Feb 2000	23	131 (ENG 77, GBR 54)
22	**NEAL Elizabeth**	8 Oct 1998	24	101 (ENG 66, GBR 35)
23	**HAMILTON Sophie**	28 Feb 2001	22	121 (ENG 75, GBR 46)
25	**HEESH Sabbie (GK)**	16 Dec 1991	31	84 (ENG 48, GBR 36)
26	**OWSLEY Lily**	10 Dec 1994	28	282 (ENG 158, GBR 124)
28	**PEEL Flora**	19 Sep 1996	26	106 (ENG 71, GBR 35)
30	**TAYLOR Martha**	1 Mar 2002	21	69 (ENG 51, GBR 18)
31	**BALSDON Grace**	13 Apr 1993	30	185 (ENG 116, GBR 69)
41	**WALKER Lily**	5 Jun 2002	21	100 (ENG 73, GBR 27)
42	**MALZER Alexandra**	19 Aug 2000	22	42 (ENG 31, GBR 11)
46	**CURTIS Katie**	30 Apr 2002	21	38

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2023-07-25

Team Staff

Role	Name
Team Manager	**BEVERIDGE Samantha**
Head Coach	**RALPH David**
Assistant Coach	**PAUL Jody**
Assistant Coach	**HICKMAN Mark**
Assistant Coach	**GLYNN Katie**
Physiotherapist	**YOUNG Celia**

Team Colours

Shirts	White | Red
Skirts	Red | Royal Blue
Socks	Red | Royal Blue
GK Shirts	Pink | Light blue

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Team Details India

Shirt No.	Player	Date of Birth	Age*	Caps
3	**EKKA Deep Grace**	3 Jun 1994	29	268
4	**Monika**	5 Nov 1993	29	229
5	**Sonika**	20 Mar 1997	26	91
8	**PRADHAN Nikki**	8 Dec 1993	29	219
9	**KHARIBAM Bichu Devi (GK)**	3 Dec 2000	22	78
11	**Savita (C,GK)**	11 Jul 1990	33	326
14	**KUMARI Sangita**	24 Dec 2001	21	71
15	**Nisha**	9 Jul 1995	28	89
16	**KATARIYA Vandana**	15 Apr 1992	31	320
18	**Udita**	14 Jan 1998	25	138
20	**Lalremsiami**	30 Mar 2000	23	200
22	**KAUR Baljeet**	22 Mar 2001	22	56
25	**KAUR Navneet**	26 Jan 1996	27	224
27	**PUKHRAMBAM Sushila Chanu**	25 Feb 1992	31	275
30	**TETE Salima**	27 Dec 2001	21	168
32	**Neha**	15 Nov 1996	26	215
50	**CHAUDHARY Ishika**	15 Apr 2000	23	94
55	**Deepika**	6 Dec 2003	19	82
64	**Chhatri Jyoti**	8 Mar 2003	20	16
69	**PHALKE Vaishnavi Vitthal**	23 Dec 2003	19	69

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2023-07-25

Team Staff

Role	Name
Team Manager	**BILLAVA SURESH Ankitha**
Head Coach	**SCHOPMAN Janneke**
Assistant Coach	**FARRY Anthony**
Physiotherapist	**DARNE Rakhi Vinay**
Physical Trainer	**FRANCIS Pushpavathy**
Physical Trainer	**NAIDOO Taren**

Team Colours

Shirts	Sky Blue | White
Skirts	Sky Blue | White
Socks	Sky Blue | Orange
GK Shirts	Red | Yellow

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Team Details Spain

Shirt No.	Player	Date of Birth	Age*	Caps
1	**RUIZ Maria (GK)**	18 Mar 1990	33	176
2	**BARRIOS Laura**	4 Sep 2000	22	66
4	**BARRIOS Sara**	4 Sep 2000	22	55
5	**BARBA Clara**	28 Mar 2002	21	2
6	**BADIA Clara**	5 Feb 1998	25	53
7	**STRAPPATO Júlia**	16 Jan 2000	23	47
8	**JIMENEZ Lucia**	8 Jan 1997	26	228
9	**LOPEZ Maria (C)**	16 Feb 1990	33	255
10	**IGLESIAS Belén**	6 Jul 1996	27	111
11	**SEGU Marta**	22 Jun 1995	28	159
13	**TEVES Constanza**	12 Feb 1998	25	88
14	**PÉREZ Blanca**	17 Sep 2003	19	28
15	**GARCIA Maialen**	5 Apr 1990	33	128
16	**MEJIAS Candela**	27 Jan 1997	26	106
17	**YCART Clara**	10 Jan 1999	24	86
20	**GINE Xantal**	23 Sep 1992	30	243
21	**PEREZ Beatriz**	4 May 1991	32	267
22	**VIDOSA Laia**	8 Jan 1999	24	79
24	**TORRES-QUEVEDO Alejandra**	30 Sep 1999	23	99
26	**PEREZ Clara (GK)**	**26 Jul 2001**	21	73
29	**JIMÉNEZ Paula**	13 Aug 2004	18	36
30	**ALVAREZ Patricia**	4 Mar 1998	25	87

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2023-07-25

Team Staff

Role	Name
Team Manager	**GOMEZ Raul**
Stand-In Manager	**RUIZ Alberto**
Head Coach	**LOCK Adrian**
Assistant Coach	**GARCIA CUENCA Carlos**
Assistant Coach	**AGUILAR Eduardo**
Medical Doctor	**GONZALEZ Rafael**
Physiotherapist	**NEBREDA Pau**
Physiotherapist	**RAMOS Mariona**
Physiotherapist	**MORENO Berta**
Physical Trainer	**GUTIERREZ Lorena**

Team Colours

Shirts	Red | White
Skirts	Red | White
Socks	Red | White
GK Shirts	Yellow | Royal Blue

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