



Team Details Malawi

Shirt No.	Player	Date of Birth	Age*	Caps
1	MATENGELE Eva (GK)			2
2	KAMPIRA Eliza			2
3	NGUNDE Enles			2
4	SAZUZE Eluby			2
5	LINYAMA Esnarth			2
6	KADANGO Lilian (C)			2
7	KALINGA Fainala			2
8	MAKUNGANYA Keziah			2
9	MPHWINIZA Jacqueline			2
10	PADAMBO Swilanga			2
11	THOMSON Mary			2
12	PHOYA Alice			2
13	JANA Grace			2
14	PHIRI Vanessa (GK)			0
15	JAMALI Chisomo			2
16	KUMWENDA Martha			2
17	CHAFUWA Immaculate			2
18	NYIRENDA Martha			2

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2022-08-31

Team Staff

Role	Name
Team Manager	MSISKA Joyce
Head Coach	BIYA Geoffery
Assistant Coach	CHAURA Benjamin
Physiotherapist	PIPE Sarai

Team Colours

Shirts	red green White
Skirts	black red green
Socks	red green
GK Shirts	Lime Green black



Team Details Namibia

Shirt No.	Player	Date of Birth	Age*	Caps
1	STOFFBERG Petro (GK)	11 Oct 1996	25	30
3	PHILANDER Azaylee	3 Jan 2004	18	3
4	LUDWIG Sunelle	27 Nov 1998	23	29
5	GILLIES Caitlin	15 Mar 2004	18	3
8	KRUGER Jivanka	5 Jul 1997	25	27
9	BARTLETT Jerrica	1 Apr 1990	32	30
12	HERMANUS Gillian	3 Jan 1998	24	20
14	GILLIES Jaime	16 Aug 2005	17	3
16	DIAMOND Berencia (GK)	15 Jun 1994	28	12
18	SCHOEMAN Vanessa	22 May 2001	21	13
19	MYBURGH Tamarie	19 Dec 2001	20	28
20	SCHIMMING Kaela	24 Jan 2001	21	5
21	COETZEE Anthea	9 Dec 2004	17	13
24	RIX Charlize	12 Sep 2001	20	13
25	MARTINS Xena	22 Jul 2002	20	13
26	SEMEDO Tisha	24 Nov 2003	18	13
28	VENTER Marcia	13 May 1992	30	11
33	KRUGER Jahntwa	8 Feb 2000	22	29

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* As of 2022-08-31

Team Staff

Role	Name
Team Manager	WEYHE Johann
Head Coach	GILLIES Melissa
Assistant Coach	MAKATI Sedtric

Team Colours

Shirts	Blue Red
Skirts	Blue Red
Socks	Blue Red
GK Shirts	Orange Green



Team Details Zimbabwe

Shirt No.	Player	Date of Birth	Age*	Caps
1	HAASBROEK Jaime (GK)	21 Nov 1986	35	7
2	MATHIESON Jenna (GK)	16 Apr 2001	21	11
3	TRIVELLA Taya	16 Sep 2001	20	6
4	VIVIERS Roxanne	16 Jan 1993	29	21
5	BEEKES Mercedes	19 Oct 2001	20	6
6	TERBLANCHE Alexei	13 Sep 2001	20	17
7	HERBST Simone	7 Dec 2000	21	17
8	GRANT Nicolle	10 Mar 1992	30	17
9	LEVEY Amy-Lee (C)	19 Feb 1988	34	8
10	DIPLOCK Kelly	11 May 1998	24	12
11	HESS Natasha	29 Sep 1984	37	8
12	MASWERA Tatenda	13 Nov 2003	18	6
13	MZIZI Khanyisile	30 Mar 2004	18	3
14	TERBLANCHE Natalie	6 Sep 2000	21	17
15	ELIJAH Tinodiwanashe	7 Apr 2005	17	8
16	JOHNSON Iman	5 Nov 1994	27	21
17	NENGARE Farirai	17 Jan 1993	29	17
18	ZIMUTO Rumbidzai	6 Nov 2000	21	6

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* As of 2022-08-31

Team Staff

Role	Name
Team Manager	WEBB Tracy
Stand-In Manager	LOWE Jacqui
Head Coach	CHAUHAN Bhavik
Assistant Coach	REILLY Bridget
Assistant Coach	FOURIE Christopher
Physiotherapist	STEFFENS Sophia

Team Colours

Shirts	Black/Red White
Skirts	Black/Red Green
Socks	Black Green
GK Shirts	Blue Pink