

Team Details Ireland

Shirt No.	Player	Date of Birth	Age*	Caps
1	McFERRAN Ayeisha (GK)	10 Jan 1996	24	130
2	BUCKLEY Emma (GK)	26 Oct 1998	21	21
6	UPTON Roisin	1 Apr 1994	25	119
7	BARR Serena	11 Jun 1995	24	22
8	EVANS Nicola	17 Jan 1990	30	203
9	MULLAN Kathryn (C)	7 Apr 1994	25	236
10	McCAY Shirley	7 Jun 1988	31	316
12	NEILL Elena	16 Nov 1997	22	152
14	BEATTY Emily	18 Aug 1993	26	102
15	PINDER Gillian	5 May 1992	27	170
17	McLOUGHLIN Hannah	2 Dec 1999	20	56
20	WATKINS Chloe	7 Mar 1992	27	242
21	COLVIN Lizzie	4 Jan 1990	30	206
22	MURPHY Elizabeth (GK)	28 Jun 1998	21	32
23	MATTHEWS Hannah	24 Mar 1991	28	157
24	TORRANS Sarah	14 Feb 1999	20	62
25	HAWKSHAW Sarah	4 Nov 1995	24	76
26	O'FLANAGAN Anna	18 Feb 1990	29	220
28	DUKE Deirdre	9 Jun 1992	27	173
29	CURRAN Ellen	4 Mar 1998	21	57

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2020-01-19

Team Staff

Role	Name
Team Manager	BONE Julia
Stand-In Manager	MCGUINNESS Aileen
Head Coach	DANCER Sean
Assistant Coach	McKINNON Mick
Assistant Coach	GRUNDIE Gareth
Physiotherapist	LSINI David
Physiotherapist	MURPHY Roisin

Team Colours

Shirts	Green White
Skirts	Green White
Socks	White Green
GK Shirts	Light Blue Yellow

Team Details South Africa

Shirt No.	Player	Date of Birth	Age*	Caps
2	FOURIE Tegan	13 Jul 1998	21	18
3	EVANS Celia	18 Jun 1990	29	185
7	MARAIS Marizen	17 May 1996	23	44
8	PATON Kristen	21 Dec 1996	23	72
9	JOHNSON Robyn	7 Dec 1990	29	46
11	BOTES Kara-Lee	7 Mar 1990	29	53
12	CHAMBERLAIN Dirkie	3 Nov 1986	33	243
13	DEETLEFS Lisa-Marie	8 Sep 1987	32	285
14	VETO Nomnikelo	3 Jan 1997	23	26
16	HUNTER Erin (C)	20 Mar 1992	27	105
18	PEARCE Hannah	17 Nov 1998	21	41
19	du PLESSIS Lilian	17 Dec 1992	27	158
21	MALI Ongeziwe	21 May 1999	20	30
22	BAXTER Stephanie	27 Jan 1993	26	33
28	BOBBS Quanita	3 Sep 1993	26	184
31	WOOD Bianca	20 Feb 2000	19	47
32	MODIPANE Mmatshupo (GK)	28 Sep 1989	30	22
33	Van TONDER Marlise (GK)	5 Jun 1997	22	36
34	MALLETT Taryn	19 Apr 1992	27	9
35	WALRAVEN Nicole	12 Dec 1994	25	52
37	van JAARSVELDT Sylvia	29 Jul 1989	30	13
38	ZULU Onthatile	14 Mar 2000	19	56

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* As of 2020-01-19

Team Staff

Role	Name
Team Manager	DOIG Gill
Head Coach	van GINKEL Robin
Assistant Coach	ZONDI Inky
Physiotherapist	NEL Cindy
Physical Trainer	le ROUX Jacques
Physical Trainer	NAIDOO Taren
Psychologist	DE JAGER Louise

Team Colours

Shirts	Green White
Skirts	Green White
Socks	Yellow Green
GK Shirts	Red Royal Blue