

Team Details Hong Kong China

| Shirt No. | Player | Date of Birth | Age* | Caps |
|-----------|------------------------------------|---------------|------|------|
| 1 | CHUNG Yan Chun Michael (GK) | 17 Mar 1995 | 24 | 18 |
| 2 | TSE Man Chun | 25 Feb 1988 | 31 | 56 |
| 3 | HO Ching | 17 Dec 1991 | 27 | 42 |
| 4 | IU Felix Chi Him | 9 Mar 1991 | 28 | 69 |
| 5 | KAM Shung-Yin | 30 Dec 1993 | 25 | 30 |
| 6 | TSOI Gabriel | 17 Nov 1990 | 28 | 36 |
| 7 | KWOK Chun Ting Davis (C) | 17 May 1991 | 28 | 52 |
| 8 | SHEPHERDSON Michael | 7 Sep 2001 | 17 | 10 |
| 9 | YU Chi Wai | 17 Dec 1994 | 24 | 64 |
| 10 | CHAN Angus | 3 Dec 1996 | 22 | 25 |
| 11 | TSANG Martin | 11 Sep 1994 | 24 | 40 |
| 12 | CHUEN Kwun Wa | 24 Jan 1998 | 21 | 53 |
| 13 | CHOW Ho Yin | 2 Mar 1993 | 26 | 22 |
| 14 | EVANS David | 10 Jan 2003 | 16 | 4 |
| 15 | TSO Tsz Fung | 7 Mar 1994 | 25 | 46 |
| 16 | LAM Ching Ho (GK) | 19 May 1997 | 22 | 17 |
| 17 | CHAN Ka Chun | 21 Sep 1994 | 24 | 62 |
| 18 | LAOT Gwenaël | 3 Apr 2001 | 18 | 12 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2019-07-09

Team Staff

| Role | Name |
|-----------------|-----------------------|
| Team Manager | LEUNG Eddie |
| Head Coach | GREGORY Fabian |
| Assistant Coach | DILLON Kulwant |

Team Colours

| | |
|-----------|--------------|
| Shirts | Red Blue |
| Shorts | Red Blue |
| Socks | Red Blue |
| GK Shirts | Blue Black |

Team Details Singapore

| Shirt No. | Player | Date of Birth | Age* | Caps |
|-----------|-----------------------------|---------------|------|------|
| 1 | UNNITHAN Ashwin (GK) | 2 Mar 1998 | 21 | 5 |
| 2 | ONG Jun Hong | 5 May 1998 | 21 | 25 |
| 3 | ASALI Baqir | 5 Jan 1992 | 27 | 29 |
| 4 | TAN Ethan | 6 Sep 2001 | 17 | 11 |
| 5 | MARICAN Enrico | 24 Oct 1991 | 27 | 109 |
| 6 | GREWAL Jaspal | 26 Sep 1994 | 24 | 41 |
| 7 | NAIDU Dineshraj | 17 Jan 1998 | 21 | 53 |
| 8 | PREHASH Akash | 17 Jun 2000 | 19 | 26 |
| 9 | NOOR Silas | 16 Jun 1993 | 26 | 77 |
| 10 | ZUL'KEPLI Ashriq (C) | 8 Apr 1993 | 26 | 58 |
| 11 | JOHARI Faris | 17 Jul 1997 | 21 | 56 |
| 12 | RENGASAMY Dawnraj | 9 Sep 2002 | 16 | 22 |
| 13 | Irfan Noor Hakim | 18 Sep 1998 | 20 | 4 |
| 14 | YEH Jeremy | 4 May 1999 | 20 | 5 |
| 15 | KUMAR Naveen | 1 Mar 2001 | 18 | 17 |
| 16 | ZULKARNAIN Zaki | 17 Jul 2001 | 17 | 26 |
| 17 | NAIDU Hariraj | 17 Feb 2000 | 19 | 39 |
| 18 | TEO Norman | 31 Jan 1997 | 22 | 32 |
| 19 | CHUA Alton | 11 Nov 2001 | 17 | 10 |
| 25 | AU Sean | 28 Nov 2000 | 18 | 12 |
| 27 | NG Nicholas | 23 Aug 1997 | 21 | 22 |
| 29 | BASIR Fariz | 7 Oct 1998 | 20 | 25 |
| 31 | SANDRAN Gagan (GK) | 3 Jul 1996 | 23 | 21 |
| 33 | MUHAMMAD Syakiran | 25 Jul 1995 | 23 | 13 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2019-07-09

Team Staff

| Role | Name |
|-----------------|-------------------------|
| Team Manager | RAHMAN Fazly |
| Head Coach | KRISHNAN Rajan |
| Assistant Coach | VIJAYAN Krishnan |

Team Colours

| | |
|-----------|-----------------|
| Shirts | Red White |
| Shorts | Red Dark Blue |
| Socks | Red Dark Blue |
| GK Shirts | Blue Yellow |